

Poet and Author Ranisha Masters Releases Breathing Life into Words: Where Pain Becomes Power

A soulful gathering of poetry and personal reflection on healing, resilience, and the transformative power of truth-telling

Breathing Life Into Words Where Pain Becomes Power

Ranisha Masters

Healing Raw Wounds
with Words

Tomah, Wisconsin May 21, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Poet, author, and spoken word artist **Ranisha Masters** has released her debut literary collection, *Breathing Life into Words: Where Pain Becomes Power*, a profoundly personal anthology of poetry and reflections that confronts pain, champions healing, and calls readers into the fullness of their own resilience.

Drawing from her own lived experiences with struggle, self-discovery, and growth, Ranisha has crafted a collection that speaks to the quiet suffering many endure alone. Each piece is written with unguarded authenticity, an invitation for readers to see themselves in her words and to believe, perhaps for the first time, that their pain carries purpose.

"I wanted to create something that could help others feel seen, understood, and empowered. My goal was to show that even through pain, there is still purpose, strength, and beauty." — Ranisha Masters, Author

The collection navigates the full arc of the human experience from the weight of unspoken wounds to the quiet courage of healing, making it an essential read for anyone who has ever felt that their story was too painful or too ordinary to matter. Ranisha writes with the directness of a poet who has learned that vulnerability is not weakness, but the very root of connection.

Ranisha brings to this book a dynamic background in spoken word performance, community engagement, and storytelling. She has performed at poetry events and spoken word showcases, participated in community-centered programs, and built a dedicated following through her presence on Instagram and TikTok. Most recently, she was featured on the **Wounds to Wings podcast with Dr. Stephanie Brown**, where she discussed the intersection of poetry, personal growth, and the healing process behind the book.

A Message to Readers

"Thank you for allowing my words into your heart. I hope this book reminds you that your pain does not define you and that healing is possible. Never be afraid to speak your truth, embrace your journey, and turn your struggles into power. You are stronger than you realize."

About the Author

Ranisha Masters is a poet, author, and creative storyteller whose work sits at the intersection of lived experience and the search for healing. Through poetry and spoken word, she uses her platform to inspire others to overcome adversity, embrace their voices, and find strength in vulnerability. Her writing is marked by authenticity and emotional depth, connecting with readers from all walks of life. She is based in the United States and actively engages her community through live readings, social media, and collaborative creative projects.

Media and Promotional Activities

Ranisha Masters continues to expand her public presence through poetry performances, community engagements, and media appearances. She is scheduled to appear on *The Spotlight Network* with

Logan Crawford, airing on May 23, 2026, where she discusses her journey as a poet, the healing power of spoken word, and the inspiration behind *Breathing Life into Words Where Pain Becomes Power*.

Watch the feature here: [The Spotlight Network Interview](#)

Ranisha was also featured on the *Wounds to Wings* podcast with Dr. Stephanie Brown, sharing insights on healing, resilience, creativity, and personal growth. In addition to media interviews, she actively connects with audiences through live poetry readings, spoken word performances, and social media platforms, including Instagram and TikTok.

Book Availability

Breathing Life into Words: Where Pain Becomes Power by Ranisha Masters is available now on Amazon: <https://a.co/d/0h7q1jYf>

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