

More Life Summit 2026 Brings World Class Longevity & Performance Experience to Miami

A two day immersive experience at the James L. Knight Center on October 10 & 11, 2026, uniting world class speakers, founders, athletes, and high performers around longevity, performance, faith, and purpose.

Longevity • Faith • Modern Health • Expo



More Life Summit

FEATURING

DEREK LUNSFORD

*Mr. Olympia x2
Arnold Classic Champion
212 Olympia & Mr. USA*

FEATURING

GARY BRECKA

*Renowned Human Biologist
Longevity Pioneer
Founder of The Ultimate Human*

MIAMI, FL

OCTOBER 10-11, 2026

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Summit 2026, a premium two day experience taking place **October 10 & 11, 2026** at the **James L. Knight Center** in downtown Miami. Built for high performing professionals, founders, athletes, and families, the summit unites the worlds of longevity, performance, faith, and purpose under one roof.

Anchored by Title Sponsor **AllCore360**°, the summit will feature keynote sessions, live demonstrations, hands on activations, and an expo floor showcasing the most innovative brands in human performance, recovery, nutrition, mindset, and longevity.

More Life Summit is also proud to announce the **first two confirmed speakers** for the 2026 stage:

- **Gary Brecka**, world-renowned human biologist and longevity expert, known for guiding elite athletes, entrepreneurs, and global leaders to peak performance through data driven health optimization.
- **Derek Lunsford**, reigning **Mr. Olympia** and one of the most decorated bodybuilders of his generation, brings an unmatched perspective on discipline, mindset, and what it takes to perform at the highest level in the world.

Additional speakers, performers, and special guests will be announced in the coming weeks.

"**More Life Summit** exists to help people get the most out of life," said Joseph Rivera, Founder of Morelifemvmt. "We are bringing together the speakers, science, and experiences that move people from surviving to thriving, in their bodies, their families, their faith, and their work."

Attendees can expect:

- World class speakers across longevity, performance, and personal growth
- Live recovery, training, and assessment activations
- A curated expo of premium wellness, technology, and lifestyle brands
- Networking moments designed for founders, executives, and families
- A faith and purpose-driven throughline that sets More Life apart

Three ticket tiers are available: **Expo Pass**, **General Admission**, and the **VIP Experience**, which includes an interactive expo hall, exclusive networking, and behind-the-scenes access.

Tickets and full event details are available at <https://www.morelifemvmt.com>. Sponsorship and exhibitor opportunities are open through the More Life partnerships team.

About Morelifemvmt: Morelifemvmt is a Miami based platform built for high performing professionals and families who want to get the most out of life. Through live events, content, and partnerships, More Life champions longevity, performance, faith, and purpose as the foundation for a fuller life.

About AllCore360° AllCore360° is the Title Sponsor of More Life Summit 2026 and a leader in core strength and performance technology, used by athletes, first responders, and high performers worldwide.

Media Contact

Morelifemvmt

*****@morelifemvmt.com

<http://Morelifemvmt.com>

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