

Kunta Gautam, PhD, NP: Pediatric Nurse Practitioner, Researcher, Educator, and Founder of Shishir Pediatric Autism Care

Advancing Pediatric and Autism-Focused Healthcare Through Compassionate Care, Research, and Leadership



Cypress, Texas May 12, 2026 ([IssueWire.com](http://www.IssueWire.com)) - Kunta Gautam, PhD, NP, MPH, FMAPS, is a highly

respected Pediatric Nurse Practitioner, educator, researcher, and healthcare advocate whose work is transforming the lives of children and families across Texas. As the Founder of Shishir Pediatric Autism Care (SPAC) in Cypress, Texas, Dr. Gautam has dedicated her career to providing comprehensive, compassionate, and family-centered pediatric healthcare with a strong emphasis on Autism Spectrum Disorder (ASD) and developmental care.

With more than sixteen years of experience practicing as a Nurse Practitioner, Dr. Gautam has built a reputation for delivering patient-centered care that prioritizes both medical excellence and emotional support. In addition to leading SPAC, she also serves patients at Texas Children's Hospital Urgent Care, where she provides primary and acute pediatric services, including care for children covered under Texas Medicaid. Her commitment to helping children feel safe, comfortable, and cared for remains at the heart of her work.

"I enjoy my autonomy in practice as a Nurse Practitioner. I love children, and to be able to make them feel better and bring smiles to their faces is absolutely rewarding," said Dr. Gautam.

Through Shishir Pediatric Autism Care, Dr. Gautam is advancing a holistic model of healthcare specifically designed for children with autism and their families. Her practice emphasizes individualized treatment, developmental support, and compassionate communication while ensuring caregivers receive the guidance and encouragement they need throughout the healthcare journey. By addressing both the physical and emotional well-being of children and families, she strives to create a supportive environment where patients feel understood, empowered, and valued.

Beyond her clinical leadership, Dr. Gautam is deeply committed to education and the advancement of nursing science. She serves as an adjunct faculty member at Prairie View A&M University, where she teaches Community Health Nursing and helps prepare the next generation of healthcare professionals. She also mentors future nurse practitioners as a clinical preceptor, providing hands-on guidance and support to students entering the field. Additionally, she serves as an Advisory Board Member at Nursology, contributing to the promotion of evidence-based nursing knowledge and professional development.

Dr. Gautam's impressive academic background reflects her lifelong commitment to healthcare innovation and public health leadership. She earned her PhD in Nursing Science from Texas Woman's University in 2024, where her research focused on understanding the perceptions and health experiences of mothers raising children with Autism Spectrum Disorder. She also holds a Master of Public Health Degree and completed the Global Public Health Leadership Program at Harvard T.H. Chan School of Public Health. Her educational achievements continue to shape her evidence-based and research-driven approach to pediatric care.

An active and engaged leader within the healthcare community, Dr. Gautam has held leadership roles with Sigma Theta Tau International Honor Society, serving as Secretary for the Beta Beta Houston Chapter from 2023 to 2025. She also maintains memberships in several distinguished professional organizations, including the International Society for Autism Research, the Medical Academy of Pediatrics & Special Needs, the American Academy of Pediatrics, and the American Association of Nurse Practitioners.

Through her leadership, research, advocacy, and unwavering dedication to children and families, Dr. Kunta Gautam continues to make a profound impact on pediatric and autism-focused healthcare while shaping a more compassionate and inclusive future for patient care.

Learn more about Dr. Kunta Gautam:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/kunta-gautam>

America's Best in Medicine

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