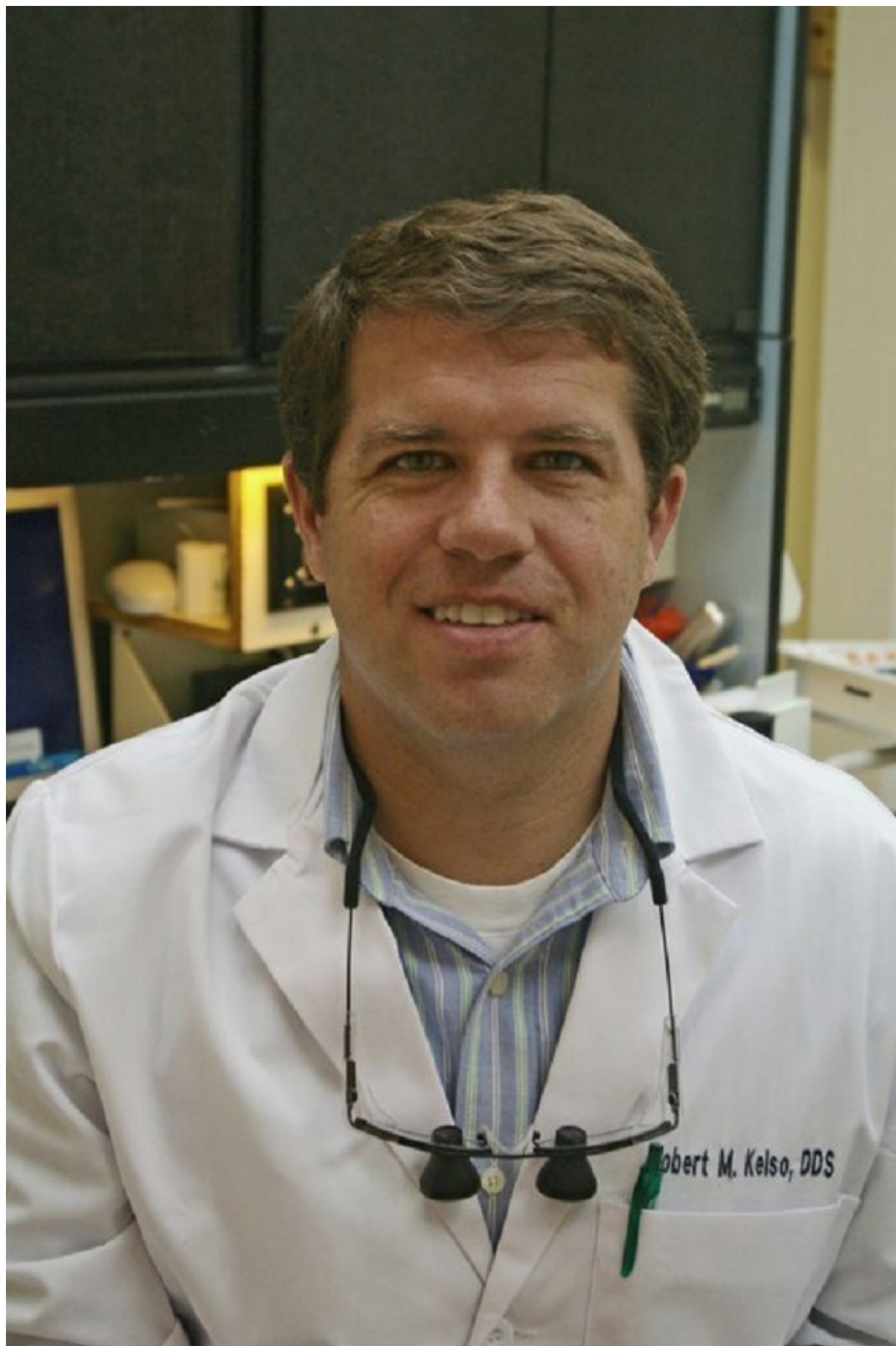


Knoxville Dentist Raises Awareness About the Causes and Treatment of Halitosis

Dr. Robert M. Kelso of Robert M. Kelso Family and Cosmetic Dentistry in Knoxville, TN Highlights How Chronic Bad Breath May Indicate Underlying Oral Health Concerns and Explains Modern Treatment Options



Knoxville, Tennessee May 7, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Chronic bad breath, also known as halitosis, affects millions of Americans each year and is often more than just a temporary inconvenience. Robert M. Kelso of Robert M. Kelso Family and Cosmetic Dentistry is raising awareness about the underlying causes of halitosis and encouraging patients in Knoxville, Tennessee, to seek professional dental evaluation when bad breath persists despite routine brushing or mouthwash use.

According to dental health experts, persistent halitosis is commonly linked to oral bacteria, plaque buildup, gum disease, dry mouth, and inadequate oral hygiene. In many cases, over-the-counter products such as breath mints and mouthwashes only mask symptoms temporarily rather than addressing the source of the problem. [Dr. Kelso](#) explains that identifying the root cause is essential for long-term oral health and fresh breath.

“Many patients do not realize that chronic bad breath may be connected to underlying dental conditions that require professional treatment,” said Dr. Robert M. Kelso. “Preventive dental exams and cleanings can help identify concerns early and improve both [oral health](#) and confidence.”

Research suggests that oral-related conditions account for the majority of halitosis cases. Bacteria trapped around the gums, tongue, and teeth can release sulfur compounds that create persistent odors. In some situations, chronic halitosis may also be associated with conditions such as gum disease, dry mouth, sinus issues, or other health concerns, making professional evaluation especially important.

At Robert M. Kelso Family and Cosmetic Dentistry, patients receive comprehensive preventive and restorative dental care designed to support long-term oral wellness. Dr. Kelso and his team work closely with patients to evaluate potential causes of halitosis and recommend individualized treatment solutions that may include professional cleanings, periodontal care, improved oral hygiene strategies, and preventive dental services.

As awareness grows around the connection between oral health and overall wellness, more patients are seeking professional guidance for concerns that affect both health and daily confidence. Persistent bad breath can impact personal interactions, workplace communication, and self-esteem, yet many individuals delay treatment because they assume the issue is minor or temporary.

By educating patients about halitosis and preventive dental care, Robert M. Kelso Family and Cosmetic Dentistry aims to help Knoxville-area families better understand the importance of routine dental visits and early intervention.

Patients experiencing chronic bad breath or overdue for preventive dental care are encouraged to schedule a professional dental evaluation. To help make routine dental care more accessible, Robert M. Kelso Family and Cosmetic Dentistry also offers the [Smile Circle in-house dental savings plan](#) for patients without traditional dental insurance. The membership-based plan is designed to support affordable preventive care for individuals, families, and retirees while encouraging consistent dental visits and early treatment.

Contact Information

Robert M. Kelso, DDS

6231 Highland Place Way, Suite 202

Knoxville, TN 37919

Phone: (865) 588-6534

<https://www.knoxdentist.com/>



 **ROBERT M. KELSO** D.D.S., P.C.
Family And Cosmetic Dentistry



Media Contact

Robert M. Kelso, DDS

*****@gmail.com

(865) 588-6534

6231 Highland Place Way, Suite 202

<https://www.knoxdentist.com/>

Source : Robert M. Kelso, DDS

[See on IssueWire](#)