

J'Adore Larosa-Mattis, DNP, APRN, FNP-BC, Recognized by America's Best in Medicine Advancing Health Equity

Board-Certified Family Nurse Practitioner and Nurse Educator Combines Clinical Excellence, Advocacy, and Research to Improve Patient Outcomes and Strengthen Healthcare Access



New York City, New York May 11, 2026 ([Issuewire.com](https://www.issuewire.com)) - J'Adore Larosa-Mattis, DNP, MSN, APRN, FNP-BC, FNYAM, FADLN, is a highly accomplished Board-Certified Family Nurse Practitioner,

nurse educator, researcher, and advocate dedicated to advancing health equity and improving patient outcomes through compassionate, evidence-based care. His work is deeply rooted in addressing social determinants of health while strengthening healthcare access for underserved and vulnerable populations.

Currently serving as a Surgical Nurse Practitioner at Mount Sinai West in New York City, Dr. Larosa-Mattis plays a critical role in postoperative management, complication monitoring, discharge planning, and patient education. Working closely with surgeons, anesthesiologists, nurses, and interdisciplinary care teams, he helps ensure patients receive coordinated, high-quality care that supports both recovery and long-term wellness.

Prior to his current role, Dr. Larosa-Mattis specialized in bariatric and general surgery, contributing to perioperative care planning, weight management initiatives, patient evaluations, and sustainable lifestyle interventions designed to improve long-term health outcomes.

What continues to drive Dr. Larosa-Mattis professionally is the ability to remain actively involved in patient care while supporting individuals and families through difficult transitions. His earlier years working as a bedside registered nurse provided firsthand experience caring for patients facing serious illness, recovery, and grief, experiences that shaped his deeply patient-centered philosophy. Pursuing advanced practice nursing allowed him to expand his impact by participating more directly in treatment planning and clinical decision-making while maintaining the hands-on compassion that initially drew him to nursing.

Dr. Larosa-Mattis's clinical foundation includes extensive experience across multiple specialties, including urology, medical-surgical nursing, bariatrics, and surgical care. Throughout his career, he has demonstrated strong leadership in patient assessment, diagnostic interpretation, wound care management, minimally invasive procedures, discharge planning, and healthcare operations. His work has also contributed to improving departmental efficiency, enhancing patient education, and reducing hospital readmissions through coordinated follow-up care and interdisciplinary collaboration.

In addition to his clinical responsibilities, Dr. Larosa-Mattis is widely respected as a nursing educator and academic leader. He currently serves as Lead Nursing Faculty for Adult Health and holds multiple faculty and adjunct appointments, where he mentors nursing students, develops curriculum, and helps prepare future nurses for professional success and licensure advancement.

A key focus of his educational philosophy involves integrating social determinants of health into nursing practice, helping future healthcare professionals better understand the broader factors influencing patient outcomes. He also previously served as a graduate professor internationally, further reflecting his commitment to global nursing education and leadership development.

Dr. Larosa-Mattis maintains active involvement in numerous professional organizations and leadership initiatives. His affiliations include the National Black Nurses Association, where he served as Historian in 2023, the New York Academy of Medicine as a Fellow, the Academy of Diversity Leaders in Nursing as a Fellow, the American Nurses Association, the American Association of Nurse Practitioners, and the Greater New York City Black Nurses Association.

Beyond clinical care and education, Dr. Larosa-Mattis is also a passionate advocate and researcher focused on health equity, public health outreach, and policy advancement. His Doctor of Nursing Practice project significantly improved social determinants of health screening rates while strengthening interdisciplinary care coordination within his institution. He has also led initiatives designed to connect

patients with critical community resources and expand healthcare accessibility.

Further demonstrating his commitment to service, Dr. Larosa-Mattis founded a charitable initiative supporting homeless youth, reflecting his belief that healthcare extends beyond hospital walls and into the broader community.

His work has earned extensive recognition at both national and institutional levels. Honors include the National Black Nurses Association Founders Spirit Award (2025), the DAISY Award for Compassionate Patient Care (2024), recognition in Marquis Who's Who in America (2024), the Capitol City Black Nurses Association Men in Nursing Scholarship (2024), multiple Leadership Awards from the Decker School of Nursing, the National Black Nurses Association 40 Under 40 Young Nurse Leader Award (2023), and the H.E.A.L. Haiti Healthcare Hero Award (2022), among many others.

Through clinical excellence, mentorship, advocacy, and service, Dr. J'Adore Larosa-Mattis continues shaping the future of nursing while advancing compassionate, equity-driven healthcare for diverse communities.

Learn more about Dr. J'Adore Larosa-Mattis:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/j%E2%80%99adore-larosa-mattis>

America's Best in Medicine

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