

Global Executive Leaders to Convene in Saratoga Springs for The Alchemy Leadership Experience

Executive leaders from across the U.S. — along with select international participants — will gather in Saratoga Springs May 18–20 for The Alchemy Leadership Experience, a highly selective, founder-led program hosted at The Adelphi Hotel.



Saratoga Springs, New York May 12, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Executive leaders from across the United States — along with select international participants — will gather in Saratoga Springs May 18–20 for The Alchemy Leadership Experience, a highly selective, founder-led program designed to move leadership beyond theory and into real-time practice.

Created by Saratoga Springs residents Allie Wik and Sandy Sullivan of The Alchemy Group, the experience draws participants from industries including finance, defense, healthcare, and technology. Each cohort is intentionally limited to just 24 leaders, creating a deeply relational environment focused on clarity, alignment, and real-time leadership practice.

Hosted at The Adelphi Hotel, the program continues to position Saratoga Springs as an emerging destination for immersive, human-centered leadership development. The experience brings a steady influx of executive visitors to the region, supporting local hospitality, dining, and transportation businesses beyond peak tourism seasons.

Delivered through The Alchemy Group, the program is the organization's flagship offering and is hosted three times each year in Saratoga Springs.

To date, more than 300 leaders from over 25 U.S. states and multiple countries — including Saudi Arabia, Ireland, Greece, and Canada — have participated. Attendees span industries such as finance, defense, healthcare, environmental engineering, and technology, united by a shared commitment to leading with greater intention and humanity.

“We designed this experience for leaders who are ready to move beyond theory and into how leadership is actually lived,” said Allie Wik, co-founder of The Alchemy Group and co-creator of The Alchemy Leadership Experience. “Hosting the work in Saratoga Springs gives participants the space to slow down, reflect, and reconnect with what truly matters — both personally and professionally.”

A defining feature of The Alchemy Leadership Experience is its founder-led structure. Wik and Sullivan personally facilitate each session, coach participants throughout the program, and remain actively engaged from beginning to end — a level of involvement that participants consistently cite as central to the program's impact.

“We chose to build this experience in our hometown of Saratoga, and over time it's drawn leaders from across the country and beyond — creating real momentum for the city as a destination for immersive leadership experiences,” said Sandy Sullivan, co-founder of The Alchemy Group and co-creator of The Alchemy Leadership Experience.

While in Saratoga Springs, participants stay and gather locally, contributing to consistent economic activity throughout the year. The program partners with The Adelphi Hotel, a historic luxury property in the heart of downtown, which supports the experience through elegant accommodations and meeting spaces. Over time, the hotel has become an extended partner, and participants consistently note how its atmosphere enhances both connection and learning.

“We're always excited to welcome new leaders and organizations to The Adelphi,” said Connie Slocum,

Director of Events. “As our audience continues to grow and evolve, it allows us to design thoughtful, elevated experiences while staying true to the hospitality and care that define who we are.”

In addition to its longstanding partnership with The Adelphi, The Alchemy Leadership Experience occasionally collaborates with other Saratoga hospitality venues to support select sessions and leadership gatherings.

“Programs like The Alchemy Leadership Experience show how Saratoga Springs continues to evolve as a destination for thoughtful retreats and gatherings,” said Aidan Garry of Brookmere Saratoga, A Tribute Portfolio Hotel. “We’re proud to provide a setting where leaders can step away from their day-to-day environments and engage in meaningful reflection and collaboration.”

Participants travel to the Capital Region from across the United States, with select international attendees joining this May cohort. Across past sessions, the program has also drawn participants from multiple countries—contributing to sustained local economic activity through lodging, dining, and transportation.

As interest in human-centered leadership continues to rise, demand for the Alchemy Leadership Experience has grown steadily, with an active waitlist for upcoming sessions. Participants often describe the program as both professionally transformative and personally grounding—a rare combination in today’s leadership development landscape.

Building on this momentum, The Alchemy Group continues to expand its offerings. Later this year, the organization plans to introduce a new leadership course titled *Mining for Gold*, further extending its commitment to practical, human-centered leadership development.

Rooted in integrity, presence, and long-term sustainability, Allie Wik, Sandy Sullivan, and The Alchemy Group continue to expand their impact while remaining deeply connected to their Saratoga Springs home.

About The Alchemy Group

The Alchemy Group is a boutique leadership development firm founded by Allie Wik and Sandy Sullivan. Through immersive experiences, executive coaching, and organizational partnerships, the firm supports leaders in creating sustainable impact rooted in clarity, courage, and alignment. The Alchemy Leadership Experience serves leaders from around the globe who are committed to leading with authenticity and humanity.

Learn more at www.thealchemyleaders.com.

About The Adelphi Hotel

The Adelphi Hotel is a historic luxury hotel located in downtown Saratoga Springs, New York. Originally opened in 1877, the hotel blends timeless elegance with modern comfort and serves as a premier destination for travelers, gatherings, and executive retreats in the Capital Region.

Learn more at www.theadelphihotel.com.

About Brookmere Saratoga, A Tribute Portfolio Hotel

Brookmere Saratoga, A Tribute Portfolio Hotel is a boutique hospitality destination near Saratoga Springs, New York, offering thoughtfully designed accommodations and event spaces for gatherings,

retreats, and memorable stays. Known for its welcoming atmosphere and attention to detail, the property provides guests with a setting that blends comfort, connection, and the natural beauty of the Saratoga region.

Learn more at www.hotelbrookmere.com/.

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