

Carla R. Lamb, M.D., FCCP, Advances Interventional Pulmonology Through Leadership And Innovation Today

Renowned Pulmonologist, Educator, and Researcher at Lahey Hospital & Medical Center Continues to Shape the Future of Thoracic Disease Diagnosis and Minimally Invasive Lung Care



Burlington, Massachusetts May 21, 2026 ([IssueWire.com](https://www.issuewire.com)) - Carla R. Lamb is a nationally recognized leader in pulmonary and critical care medicine, serving as a board-certified pulmonologist and interventional pulmonologist at Lahey Hospital & Medical Center, where she has been a member of the medical staff since 2002. Throughout her distinguished career, Dr. Lamb has helped transform the field of interventional pulmonology through groundbreaking clinical innovation, advanced procedural

expertise, research, education, and advocacy focused on improving outcomes for patients with thoracic diseases.

At Lahey Hospital & Medical Center, Dr. Lamb serves as Director of Interventional Pulmonology, as well as Co-Director and Co-Founder of the Multi-Disciplinary Thoracic Oncology Center. She also leads the institution's Fellowship Program in Interventional Pulmonology, mentoring and training the next generation of specialists in this rapidly evolving field. Her clinical work centers on the early detection, diagnosis, and minimally invasive treatment of lung diseases, including lung cancer and pulmonary nodules, utilizing advanced technologies such as robotic bronchoscopy and CT lung screening.

Reflecting on her passion for medicine, Dr. Lamb shared that she finds deep fulfillment in helping patients access comprehensive and innovative care options. She particularly values the ability to perform minimally invasive procedures that can significantly improve patient outcomes while reducing recovery time and procedural risk. Her work allows her to diagnose and treat complex thoracic conditions with precision, offering patients hope through earlier detection and advanced therapeutic interventions.

Dr. Lamb earned her Medical Degree from East Tennessee State University Quillen College of Medicine before completing her internal medicine residency and pulmonary/critical care fellowship at the Naval Medical Center San Diego. During her time there, she also served as an attending physician on active duty. She later pursued advanced subspecialty training in interventional pulmonology at Lahey Hospital & Medical Center, becoming one of the first women in the United States to complete a formal fellowship in the specialty.

In addition to her clinical practice, Dr. Lamb has played a major role in advancing research related to minimally invasive thoracic diagnostics, bronchial thermoplasty for asthma, malignant pleural effusions, and biomarker development for the early detection of lung cancer. Her collaborative research efforts with institutions, including Massachusetts Institute of Technology, have contributed to important developments in pulmonary medicine and thoracic oncology. She has also been instrumental in the advancement of simulation-based bronchoscopy education, helping develop validated procedural training and assessment tools that continue to shape physician education nationwide.

A respected voice within the specialty, Dr. Lamb currently serves as President of the American Association for Bronchology and Interventional Pulmonology. She is also Co-Founder of Women in Interventional Pulmonology, an organization dedicated to promoting mentorship, leadership, and greater representation for women in the field. Through these leadership roles, she has contributed extensively to clinical guidelines, fellowship standards, and educational initiatives on both national and international levels.

Beyond her accomplishments in medicine, Dr. Lamb remains deeply committed to mentorship, education, and the continued advancement of pulmonary and critical care medicine. Her extensive portfolio of peer-reviewed publications, textbook chapters, and policy contributions reflects a career devoted not only to patient care, but also to shaping the future of interventional pulmonology worldwide.

Through her leadership, innovation, and unwavering dedication to improving patient outcomes, Dr. Carla R. Lamb continues to leave a lasting impact on the future of thoracic medicine and minimally invasive pulmonary care.

Learn more about Dr. Carla R. Lamb:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/carla-lamb> or through her profile on Lahey Health, https://physicians.lahey.org/details/759/carla-lamb-pulmonary_critical_care_medicine-burlington

America's Best in Medicine

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