

## Brighton Recovery Center Strengthens Utah's Addiction Recovery Landscape with Full Continuum of Care Programs

Leading Utah rehab facility expands holistic treatment offerings across Salt Lake City and South Ogden to meet growing demand for comprehensive addiction recovery services



**Salt Lake City, Utah May 25, 2026** ([IssueWire.com](https://www.IssueWire.com)) - Brighton Recovery Center, one of Utah's most recognized addiction treatment organizations, has reinforced its commitment to serving individuals and families affected by substance use disorders by offering a fully integrated continuum of care — from medically supported residential treatment through to sober living — all under a single unified clinical

program.

The announcement underscores Brighton Recovery Center's mission to eliminate the fragmentation that often undermines long-term recovery outcomes. Patients can now transition seamlessly through Residential Treatment, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), standard Outpatient care, and structured Sober Living without changing their clinical team or disrupting therapeutic relationships built during early recovery.

"One of the greatest threats to lasting sobriety is the gap that occurs when patients move between disconnected programs," said a clinical spokesperson at Brighton Recovery Center. "By keeping clients within the same trusted clinical framework from day one through long-term reintegration, we significantly reduce the risk of relapse and give each person the strongest possible foundation for a new life."

Brighton Recovery Center's treatment philosophy is grounded in a multi-faceted, individualized approach that addresses the physical, emotional, behavioral, spiritual, intellectual, and interpersonal dimensions of addiction. The organization's facilities, nestled against the backdrop of Utah's Wasatch Mountain range, are designed to provide patients with an environment that promotes healing, strength, dignity, and hope — factors that the clinical team considers essential to sustainable recovery.

The center currently operates across four locations: two full recovery centers in Salt Lake City and South Ogden, an outpatient center in South Ogden, and a Community Center with sober living accommodations in Murray, Utah. Treatment is available 24 hours a day, and admissions counselors are on hand around the clock to assist individuals and families in navigating the intake process, including insurance verification.

Brighton Recovery Center accepts a broad range of insurance providers, including Blue Cross, Cigna, UnitedHealthcare, Humana, Tricare, SelectHealth, and others, making quality addiction care accessible to a wider population across the state of Utah.

The organization also places significant emphasis on family involvement throughout the recovery journey, offering dedicated family support resources alongside patient programming. This whole-family approach reflects Brighton's understanding that addiction affects not just the individual but everyone in their immediate circle.

With a reported 94% client satisfaction rate, Brighton Recovery Center continues to be a trusted resource for Utahns seeking evidence-based, compassionate treatment for alcohol and drug dependency, including recovery from cocaine, heroin, methamphetamine, marijuana, and prescription medication misuse.

Individuals or families seeking more information about available programs, insurance coverage, or admissions are encouraged to reach out directly to the Brighton Recovery Center team.

### About Brighton Recovery Center

Brighton Recovery Center is a Utah-based addiction treatment organization with facilities in Salt Lake City, Murray, and South Ogden. The center provides a full continuum of care — including residential treatment, PHP, IOP, outpatient services, and sober living — delivered by an experienced, specialized clinical staff. Brighton Recovery Center is dedicated to treating patients and their families with dignity, strength, and hope through evidence-based, personalized care. For more information, visit [www.brightonrecoverycenter.com](http://www.brightonrecoverycenter.com).

## Contact Information

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