

America's Best in Medicine Recognizes Jordan U. Brignac, MSN, APRN, FNP-C, as Co-Owner of Revolution Wellness

Louisiana Family Nurse Practitioner Combines Integrative Medicine, Preventive Care, and Personalized Wellness to Help Patients Achieve Lasting Health and Confidence



Prairieville, Louisiana May 11, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Jordan U. Brignac, MSN, APRN, FNP-C, is a Certified Family Nurse Practitioner and Co-Owner of Revolution Wellness in Prairieville, Louisiana, where she specializes in primary care, hormone therapy, weight management, and aesthetic medicine.

Known for her patient-centered and results-driven approach, Jordan is dedicated to helping individuals improve their overall health, confidence, and quality of life through comprehensive, personalized, and preventative care.

At Revolution Wellness, Jordan focuses on creating meaningful patient relationships while delivering individualized treatment plans that address both immediate concerns and long-term wellness goals. Her philosophy emphasizes listening carefully to patients, educating them about their health, and providing thoughtful care that empowers them to take an active role in their healthcare journey.

“What I value most is the opportunity to build meaningful relationships with my patients and provide them with the time and attention they truly deserve,” says Jordan. “Rather than moving quickly through brief, time-constrained visits, I’m now able to spend 30 to 60 minutes with each patient, allowing for thoughtful conversations and a deeper understanding of their health needs. This approach enables me to deliver truly comprehensive and preventative care, focusing not only on treatment but also on long-term solutions that improve overall well-being. I am passionate about listening to my patients and ensuring they feel informed and empowered in their healthcare journey.”

Raised in Ascension Parish, Jordan earned both her Associate of Science in Nursing and Bachelor of Science in Nursing degrees from Our Lady of the Lake College in Baton Rouge. She later completed her Master of Science in Nursing Degree as a Primary Care Family Nurse Practitioner at Louisiana State University Health Sciences Center in New Orleans. Her academic background laid the groundwork for her advanced clinical expertise and ongoing commitment to evidence-based, patient-focused care.

Throughout her career, Jordan has developed extensive experience across both acute care and primary care environments. She spent nearly a decade serving as a Family Nurse Practitioner with St. Elizabeth Physicians in Gonzales, Louisiana, where she provided comprehensive primary care services in collaboration with a supervising physician. During that time, she managed chronic illnesses, preventive healthcare needs, and long-term patient wellness planning while building trusted relationships within the community.

Earlier in her career, Jordan worked as a Registered Nurse at Woman’s Hospital in Baton Rouge, where she specialized in couplet care, postpartum services, and neonatal intensive care. Her responsibilities included newborn resuscitation, postpartum patient management, lactation support, and caring for high-acuity neonatal patients. She also gained valuable experience in medical-surgical nursing at Our Lady of the Lake Regional Medical Center, contributing to interdisciplinary patient care across a wide range of medical and surgical cases.

In 2021, Jordan was recognized as Best Provider in Ascension Parish, an honor reflecting her clinical excellence, compassionate care, and dedication to improving patient outcomes throughout her community.

Jordan’s distinctive healthcare philosophy blends evidence-based Western medicine with holistic and integrative therapies. Her approach was deeply influenced by a personal experience involving her son’s struggle with eczema. After conventional treatments failed to provide lasting improvement, Jordan began exploring alternative and integrative approaches to healing. That journey transformed her perspective on medicine and reinforced her belief that healthcare should be personalized and focused on treating the whole person rather than isolated symptoms alone.

Today, Jordan advocates strongly for individualized treatment plans that address underlying causes, lifestyle factors, preventative care, and overall wellness. She believes true healing is never one-size-fits-

all and that meaningful care begins by understanding each patient's unique needs and goals.

"In our community, where conditions such as obesity and diabetes are prevalent, education plays a critical role in improving outcomes," Jordan explains. "Taking the time to explain, guide, and support patients has helped foster strong trust — something that was deeply instilled in me by the physician who mentored my training. It is incredibly rewarding to see people meet their health goals. I love being a part of that journey with them; it reinforces a simple truth: meaningful care begins with listening."

Jordan remains actively involved in professional development and is a member of the American Association of Nurse Practitioners. She is committed to continuing education and staying current with evolving medical advancements, wellness therapies, and patient care strategies that allow her to deliver the highest standard of care possible.

Outside of her professional work, Jordan prioritizes family and community. She has been married to her husband, Tyler, for 14 years, and together they have two children, Thomas and Stella. In her free time, she enjoys attending LSU sporting events, spending time with her family, and enjoying simple moments that help maintain balance and connection outside of the clinic.

Through her leadership at Revolution Wellness, Jordan U. Brignac continues to redefine patient-centered healthcare by combining medical expertise, integrative wellness strategies, preventative care, and compassionate listening to help patients achieve healthier, more confident lives.

Learn more about Jordan U. Brignac:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/jordan-brignac> or through her profile on Revolution Wellness, <https://www.revolutionwellnessla.com/about>

America's Best in Medicine

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