

## **Amanda Walsh Releases *Life by the Stars*, a Memoir About Reinvention, Meaning and Trusting Life Again**

Astrology Hub founder blends memoir, psychology, spirituality, and astrology in a deeply personal exploration of heartbreak, transformation, and the hidden patterns that shape our lives.



**Kula, Hawaii May 26, 2026 ([IssueWire.com](https://www.IssueWire.com)) - LIFE BY THE STARS**

*A Memoir About Reinvention, Meaning, and Learning to Trust Life Again*

By Amanda Walsh, M.S.

Founder of Astrology Hub

Star Garden Books | May 2026

Available in Hardcover, Paperback, E-book & Audiobook

What if the most difficult moments of your life were not random? What if heartbreak, reinvention, loss, and unexpected change were not signs that your life was falling apart, but part of a larger unfolding you couldn't yet see?

In *Life by the Stars*, entrepreneur and Astrology Hub founder Amanda Walsh shares the deeply personal story of a sixteen-year journey through upheaval, awakening, motherhood, divorce, reinvention, and spiritual transformation.

As the life she carefully built began to unravel, Amanda found herself searching for a deeper understanding of why certain experiences arrive when they do — and how we find meaning within life's most uncertain seasons. What emerged was not blind faith or easy answers, but a new way of seeing.

Blending memoir, psychology, spirituality, and astrology, *Life by the Stars* explores the hidden patterns that shape our lives and the surprising ways human beings create meaning through challenge, transition, and change. Through intimate storytelling and personal reflection, Amanda invites readers into a journey that feels both deeply personal and universally human.

Throughout the book, professional astrologer Natasha Alter offers interpretive notes that help readers understand how astrological cycles and transits were unfolding alongside Amanda's lived experiences in real time, creating a reading experience that is both emotionally immersive and quietly educational.

At its heart, *Life by the Stars* is about learning to trust life again.

Readers will explore:

- how people create meaning during times of uncertainty and transition
- the recurring patterns that shape relationships and major life decisions
- The role intuition can play during seasons of reinvention
- new perspectives on heartbreak, loss, and personal transformation
- How change can become a catalyst for deeper self-understanding

*Life by the Stars* speaks to anyone standing at a crossroads, questioning the path behind them or the future ahead, and longing to believe there may be a deeper intelligence moving through life than we can immediately see.

“You will find yourself in these pages. You will discover sparks of courage and glimpses of your own hidden fire.”

— Debra Silverman, Psychotherapist, Astrologer & Author of the foreword to *Life by the Stars*

## About Amanda Walsh

Amanda Walsh, M.S., is the founder of Astrology Hub, a leading personal growth and astrology platform with a global audience. Through podcasts, courses, live events, memberships, and educational programs, she has helped millions explore self-awareness, transformation, and conscious living in practical and accessible ways.

Before founding Astrology Hub, Amanda co-owned a successful technology company in New York City before leaving that world behind in search of a more meaningful and aligned life. She holds degrees in Psychology and Organizational Psychology and is known for bridging modern personal growth with deeper spiritual inquiry.

*Life by the Stars* is her first book.

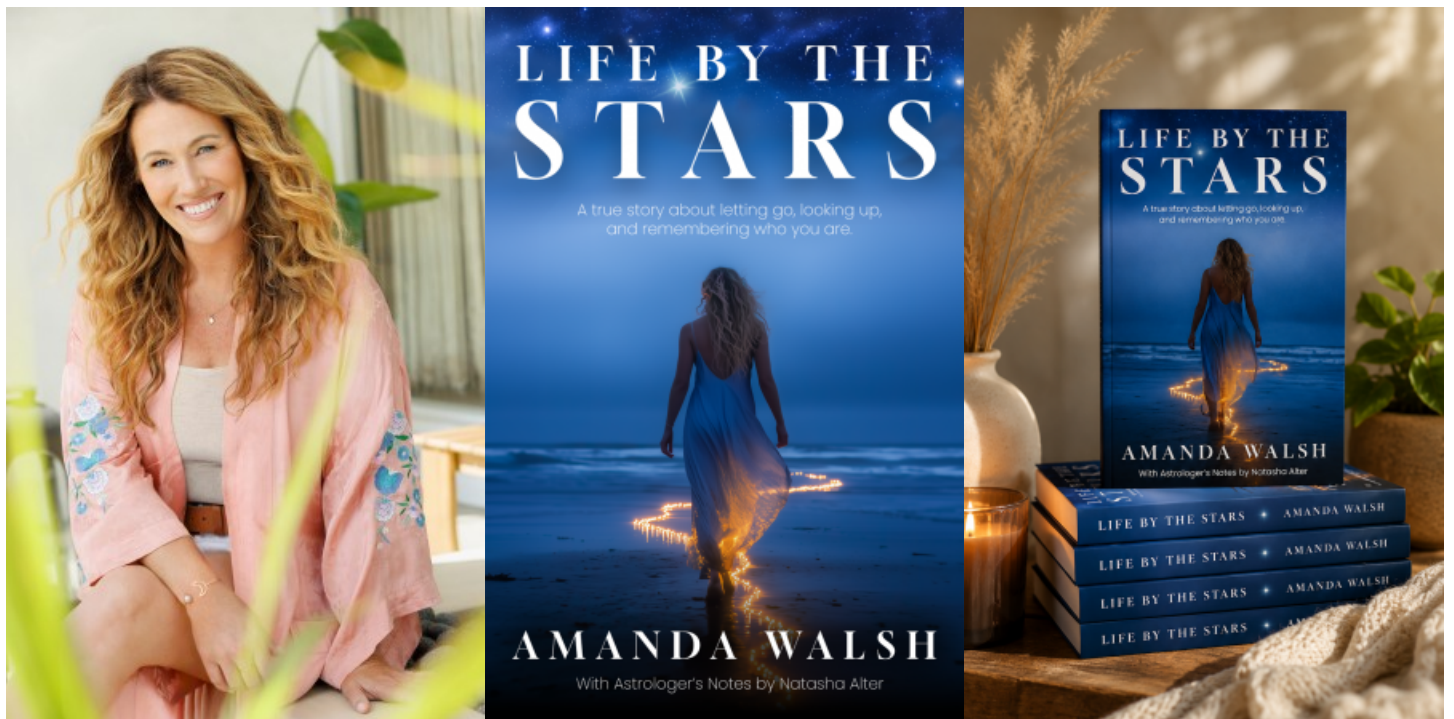
## Media Contact

Laura Orcutt  
Astrology Hub / Star Garden Books  
media@lifebythestars.com

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## Media Contact

Astrology Hub / Star Garden Books

\*\*\*\*\*@lifebythestars.com

PO Box 901348, Kula Hawaii 96790

<http://www.lifebythestars.com>

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