

## A1 Healthcare Solutions Expands Disability Support Services Across Coolaroo and Preston

Registered NDIS provider extends specialist care closer to home for participants in Melbourne's northern suburbs



**Melbourne, Victoria May 7, 2026** ([Issuewire.com](https://www.issuewire.com)) - [A1 Healthcare Solutions](#), a registered disability support services organisation based in Melbourne, today announced the expansion of its operations into two new service areas in Victoria: [Coolaroo](#) and [Preston](#). The move marks a significant step forward in the organisation's mission to bring high-quality, person-centred disability support directly into the communities where participants live, work and connect.

The expansion responds to growing demand from NDIS participants and their families across Melbourne's northern corridor, where access to specialist disability services has long outpaced supply. By establishing a stronger local presence in both Coolaroo and [Preston](#), A1 Healthcare Solutions will deliver faster response times, more consistent staffing and the kind of community-rooted care that defines genuine disability support.

"Our participants deserve more than a service — they deserve a partner who shows up, listens, and walks alongside them," said a spokesperson for A1 Healthcare Solutions. "Bringing our team into Coolaroo and Preston means families no longer have to travel across Melbourne to access the standard of care they're entitled to. We're meeting people where they are, both literally and figuratively."

A1 Healthcare Solutions is a registered NDIS provider with a comprehensive [service offering](#) designed to meet the diverse and often complex needs of Australians living with disability. The organisation's full

suite of services is now available across both new service areas and includes:

NDIS Support, [Short Term Respite Accommodation](#) (STR/STA), [Respite Care](#), [Hospital Discharges](#), Complex Support Needs, Forensic Disability Services, [Supported Independent Living](#) (SIL), and NDIS Accommodation Services.

Each of these services is delivered by a dedicated team of trained professionals who bring lived experience, clinical knowledge and a deep respect for participant choice and control to every interaction. Whether a participant is transitioning from hospital back into the community, requires ongoing support to live independently, or needs short-term accommodation while their primary carer takes a well-earned break, A1 Healthcare Solutions builds plans around the individual — never the other way around.

### **Why Coolaroo and Preston**

Both suburbs sit within high-need catchments where NDIS participants have reported difficulty securing reliable, locally based providers. Coolaroo, in Melbourne's outer north, is home to a culturally and linguistically diverse population that benefits from providers willing to deliver flexible, in-home and community-based supports. Preston, closer to the inner north, has seen a sharp rise in demand for SIL and STA placements as participants and families seek alternatives to institutional settings.

By embedding services in both locations, A1 Healthcare Solutions is positioned to support participants whose needs span the full spectrum — from light-touch community access through to complex and forensic disability supports that require highly skilled staff and rigorous safeguards.

### **A Commitment to Quality and Choice**

A1 Healthcare Solutions operates on the principle that every Australian with a disability has the right to a meaningful life of their own design. The organisation invests heavily in workforce training, behaviour support frameworks and quality assurance processes that align with NDIS Quality and Safeguards Commission standards. Participants and their families can expect transparent service agreements, responsive coordinators and support workers who are matched on the basis of compatibility, not convenience.

The organisation's approach to Hospital Discharges and Complex Support Needs is particularly noteworthy. Through close collaboration with hospital social workers, allied health teams and Local Area Coordinators, A1 Healthcare Solutions ensures that participants leaving acute care return to a safe, supported environment — reducing readmission risk and easing pressure on Victoria's stretched health system.

For participants requiring Forensic Disability Services, the organisation provides structured, trauma-informed support that prioritises rehabilitation, dignity and community reintegration.

### **Looking Ahead**

The Coolaroo and Preston launches form part of A1 Healthcare Solutions' broader strategy to strengthen disability support infrastructure across Melbourne. The organisation is actively recruiting local support workers, allied health partners and community connectors to ensure that growth never comes at the expense of quality.

Families, support coordinators, plan managers and allied health professionals seeking a reliable provider in either suburb are encouraged to make contact directly to discuss participant needs and availability.

### **About A1 Healthcare Solutions**

A1 Healthcare Solutions is a registered disability support services organisation headquartered in Melbourne, Victoria. The organisation delivers a full suite of NDIS supports, including Short Term Respite, Short Term Accommodation, Respite Care, Hospital Discharges, Complex Support Needs, Forensic Disability Services, Supported Independent Living and NDIS Accommodation Services. Committed to enhancing the quality of life of every participant it serves, A1 Healthcare Solutions stands as a trusted partner across the disability journey.



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