

The Many Faces of Me: Ingrid Ladawn Poole Shares an Unfiltered Journey of Faith, Resilience and the Power of Being Uncut

The Many
FACES
OF ME
INGRID UNCUT



Ingrid Ladawn Poole

Toledo, Ohio Apr 16, 2026 (IssueWire.com) - In an era that often demands perfection, author, singer, and actress Ingrid Ladawn Poole offers a refreshing and raw alternative with the release of her debut collection, *The Many Faces of Me: (Ingrid Uncut)*. This deeply personal volume of poetry and short stories serves as a transparent roadmap for navigating life's "thrill, sorrow, and hope" while remaining anchored in divine purpose.

More than a memoir, *The Many Faces of Me* is a rhythmic and soul-stirring exploration of the "many faces" we wear to satisfy the world—and the courage required to unmask them before God. Drawing from her background in the performing arts and her years in radio ministry, Poole's writing possesses a lyrical quality that invites readers to "trust the process" and find healing through honest reflection.

A Journey Through Legacy, Loss, and Liberation

At its core, the book is a journey through the author's emotional evolution, beginning as a "scared little girl" and maturing into a woman who walks with "fear banished." Through a series of punchy, heartfelt entries, Poole recounts the moments that shaped her:

- **Honoring a Spiritual Legacy:** The collection serves as a powerful tribute to her late parents, Pastor John Wallace Poole and Missionary Shirley Dean Poole, as well as her late brother, Apostle Christopher Poole. The story demonstrates how intentional spiritual foundations create ripple effects that sustain us long after our loved ones have passed.
- **The "Uncut" Reality of Faith:** By addressing difficult themes—from the heavy ache of grief to the frustrations of "Sticky Notes"—the book offers comfort and perspective to those who feel they are "Almost There" but haven't yet arrived.
- **Healing Through Vulnerability:** Poole encourages readers to "get tickled til ya laugh out loud" while also making space for the soul to cry out. The book acts as a bridge, helping readers articulate complex emotions that are often kept dormant for years.

"I began putting my thoughts on paper in 2015 and never looked back," says Poole. "My prayer for you is to find something in this book to help you laugh, cry, think, and begin to seek healing."

About the Book

- **Title:** *The Many Faces of Me: (Ingrid Uncut)*
- **Author:** Ingrid Ladawn Poole
- **Genre:** Poetry / Short Stories / Inspirational
- **Theme:** Spiritual healing, personal accountability, and the strength of family roots.

The Many Faces of Me: (Ingrid Uncut) combines rhythmic prose with a profound theological foundation. It is designed to be a companion for anyone navigating the "scary" fresh starts of life, reinforcing the promise that they can seek God's guidance through every endeavor.

About the Author

Ingrid Ladawn Poole is a multidisciplinary artist, singer, and actress who has toured extensively across

Europe and performed with the Fairmont State University Collegiate Singers. As the host of the popular radio show *Power Up with Sista P.* and the founder of the ministry *Praizin With Sista P.*, she has dedicated her life to uplifting others. Her work is known for its clarity, warmth, and "uncut" relatability, speaking to readers across generations who are striving to grow into confident, self-aware versions of themselves.

Availability & Contact:

The Many Faces of Me: (Ingrid Uncut) is now available in print and digital formats through major online book retailers, including Amazon.

For purchasing information, reviews, or updates, please visit the following channels:

[Facebook](#)

[Instagram](#)

[Amazon: *The Many Faces of Me: \(Ingrid Uncut\)*](#)

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