

Stars Shine Brighter at Preferred Health Magazine Launch Party

Preferred Health Magazine Kicks Off 2026 in Grand Style at Star-Studded NYC Launch Celebration at Fushimi Times Square



New York City, New York Apr 26, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Preferred Health Magazine officially ushered in its highly anticipated 2026 season with an unforgettable evening of glamour, recognition, and elite networking at Fushimi Times Square — one of Manhattan’s hottest celebrity hangouts and the perfect backdrop for a night where health, media, entertainment, and entrepreneurship collided.

With the dazzling lights of Times Square setting the tone, **Preferred Health Magazine took center stage**, welcoming an eclectic crowd of physicians, television personalities, recording artists, media executives, fashion insiders, tastemakers, and sponsors for what many attendees called one of New York’s most dynamic networking affairs of the year.

The evening was hosted by **Angelina Cappiello**, Editor-in-Chief of Preferred Health Magazine, who opened the celebration by honoring a distinguished lineup of 2026 cover features, celebrity guests, and PHM’s prestigious Doctors of Distinction.

Among those recognized was legendary rapper, actor, and entertainment icon Christopher 'Kid' Reid of Kid N Play, whose decades-long impact on music, film, and pop culture made him one of the evening’s most celebrated honorees.

Also taking the spotlight were reality television star Kari Wells, internationally known fashion forecaster Matt Dillon, and acclaimed pastry chef Rula Lutfi — each recognized for their contributions in their respective industries and their upcoming collaborations with Preferred Health Magazine.

A major highlight of the night was PHM’s celebrated **Doctors of Distinction presentation**, honoring an elite class of medical professionals who continue to shape the future of health and wellness through innovation, patient advocacy, and leadership. Honorees included:

- Dr. Robi Ludwig
- Dr. Nargiz Schmidt
- Dr. Jeff DelloRusso
- Dr. Sharona Ross
- Dr. Philip DeFina

The room buzzed with conversation as leaders from every corner of media and entertainment gathered under one roof. Among the notable attendees and sponsors were:

- Carmit Bachar of the Pussycat Dolls
- Leo Moctezuma, Choreographer
- DJ Frankie Cutlass
- Diana Mahrach, International Fashion Designer
- Marvin Scott, PIX11 NEWS
- Sandra Lajoie, NBC
- Alex Eriksonny, It's Happening Now

...along with a host of entrepreneurs, healthcare innovators, luxury brands, and media influencers, creating an atmosphere charged with opportunity and meaningful connection.

“Tonight was one for the books,” said Angelina Cappiello, Editor-in-Chief of Preferred Health Magazine. **“I watched people make professional connections that can catapult their careers. That is what Preferred Health Magazine has always stood for — creating a platform where powerful storytelling meets powerful people. For nearly a decade, PHM has been more than a publication; it has been a bridge between industries, a launchpad for brands, and a trusted media force that continues to elevate those doing extraordinary work.”**

Now entering its ninth successful year, Preferred Health Magazine continues to expand its footprint as a multimedia health and lifestyle authority — blending celebrity interviews, physician spotlights, wellness features, podcast conversations, digital billboards, and strategic branding opportunities that place its clients directly in front of engaged audiences nationwide.

The 2026 launch celebration served not only as a glamorous kickoff, but as a testament to PHM’s growing influence in bringing together leaders in medicine, media, fashion, entertainment, and business — all under one visionary brand.

As cameras flashed, interviews rolled, and guests toasted to a new year of opportunity, one thing became clear: **Preferred Health Magazine’s 2026 season has officially arrived — and it is bigger than ever.**

About Preferred Health Magazine

Preferred Health Magazine is a nationally distributed health, wellness, lifestyle, and business publication spotlighting influential doctors, celebrities, entrepreneurs, innovators, and thought leaders. Through print, digital media, podcast interviews, social campaigns, and high-profile live events, PHM continues to provide powerful exposure platforms for brands and professionals looking to elevate their message.

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