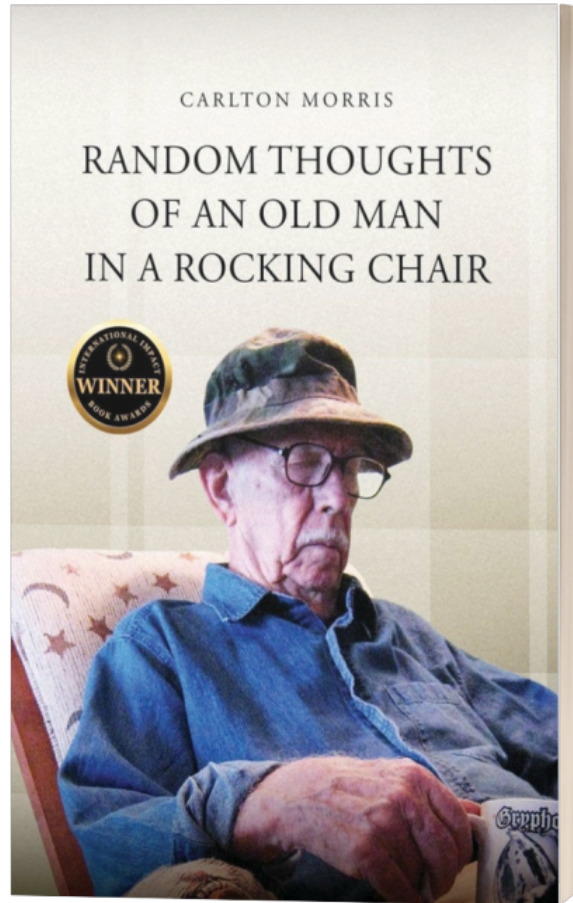


Random Thoughts of an Old Man in a Rocking Chair Reflects on Faith, War, and the Lessons of a Lifetime

Carlton Morris shares a deeply personal account of hardship, reflection, and spiritual rediscovery



Los Angeles, California Apr 14, 2026 (IssueWire.com) - Carlton Morris presents a reflective and deeply personal narrative in [Random Thoughts of an Old Man in a Rocking Chair](#), a work that chronicles a lifetime shaped by hardship, war, faith, and philosophical reflection. Blending memoir, historical recollection, and spiritual insight, the book offers readers a window into the experiences of a man who witnessed many of the defining challenges of the twentieth century.

The story begins with Morris's early years during the Great Depression, a time when survival demanded resilience and determination from families across the United States. From these formative experiences, the narrative follows his journey through military service and global conflict, including World War II-era experiences and later involvement connected to the Korean and Vietnam wars. These chapters of life expose the realities of duty, sacrifice, and the psychological toll that accompanies service in turbulent times.

At the heart of the book is Morris's spiritual journey. In 1951, he experienced a profound loss of faith that remained unresolved for decades. It was not until 1988 that he encountered what he describes as a deeply transformative revelation that reshaped his understanding of life and belief. This rediscovery of faith ultimately inspired the reflections compiled in this book, forming a collection of observations, successes, failures, and philosophical musings that define his life story.

Beyond recounting historical events, *Random Thoughts of an Old Man in a Rocking Chair* explores the lessons learned through adversity. Morris reflects on family, morality, personal growth, and the enduring search for meaning. His reflections present a homespun philosophy shaped by lived experience and spiritual contemplation.

The book will be featured at the LA Times Festival of Books 2026, scheduled for April 18–19, 2026, at the University of Southern California, where readers and literary enthusiasts can discover Morris's thought-provoking reflections on history, faith, and the enduring human journey at the Olympus Story House booth #182 in the Gold Zone. Carlton Morris will also be present for a book signing on April 19, offering attendees the opportunity to meet the author and have their copies signed.

[Olympus Story House](#) is an emerging digital marketing firm based in Reseda, California that focuses on offering high-quality work at a reasonable price. Our talented staff collaborates with clients to establish a stronger brand and help them get the recognition they deserve. We have the ultimate goal of providing our authors with services that would fit a wide range of marketing budgets, offer reliable feedback and proper guidance in their projects, and present quality service. With our team of passionate marketing and publishing experts, we strive to bring our client's projects to their best potential.

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