

# Jocelyn Oades Inspires Healing and Self-Discovery in “Flight of The Spirit”

F L I G H T · O F · T H E

*Spirit*



J O C E L Y N · O A D E S

**Tomah, Wisconsin Apr 16, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Inspirational author and spiritual teacher **Jocelyn Oades** introduces *Flight of The Spirit*, a deeply moving and empowering book designed to guide readers on a journey of healing, self-acceptance, and inner transformation.

In *Flight of The Spirit*, Oades invites readers to explore the depths of the heart by gently dismantling emotional barriers and embracing vulnerability. Through personal reflections and spiritual insight, the book offers a pathway toward unconditional love, compassion, confidence, and emotional healing. It serves as both a narrative and a guide, encouraging readers to honor their life experiences while unlocking their true purpose and potential.

Blending storytelling with practical wisdom, *Flight of The Spirit* empowers individuals to move through grief, heartache, and emotional wounds, transforming these challenges into opportunities for growth and renewal. The book highlights the importance of living intentionally and aligning with one's soul to attract meaningful and abundant possibilities.

### **About the Author**

Jocelyn Oades is an inspirational author, Reiki Master Teacher, international speaker, and founder of the Saqqara Mystery School. She is widely recognized for her work in spiritual development, personal empowerment, and holistic healing.

In addition to *Flight of The Spirit*, Jocelyn is the author of a time-travel series beginning with *Sacred Seed of The Sisters*, as well as children's series such as *Tao and Friends* and *The Way of Wonder*. She leads transformative retreats and online programs, including *Awaken Your Inner Goddess*, *Greatness*, and *Awaken Your Inner Pharaoh*.

Jocelyn is also the founder of the TAO Charitable Trust, supporting families in accessing holistic therapies and youth well-being programs. With over 30 years of experience in business leadership across New Zealand and the Asia-Pacific, she brings a unique blend of practical insight and spiritual wisdom to her work. Through her teachings, she has guided and empowered hundreds of individuals to reconnect with their inner strength and divine purpose.

### **Inspiration Behind the Book**

*Flight of The Spirit* was inspired by Jocelyn's desire to support others through loss, grief, and emotional challenges, helping them find healing, empowerment, and renewed purpose.

### **Message to Readers**

"I trust this portion of my story may help you honor the perceptions you hold of your life experiences. My desire is for *Flight of The Spirit* to serve as a guide—helping you find deep healing and return to forgiveness and love."

### **Previous Media Appearance**

Jocelyn Oades was featured in an interview with Logan Crawford, further sharing her message of healing and transformation.

<https://www.youtube.com/watch?v=3EN2fFu4Lsk>

### **Author Website**

For more information, visit: [www.jocelynoades.com](http://www.jocelynoades.com)

### **Availability**

*Flight of The Spirit* is available now on Amazon:

<https://www.amazon.com/Flight-Spirit-Jocelyn-Oades/dp/198229731X>



### **Media Contact**

Prime Seven Media

\*\*\*\*\*@gmail.com

+1 414-286-4043

201 Helen Walton Drive, Suite #2

<https://primesevenmedia.com/>

Source : Prime Seven Media

[See on IssueWire](#)