

Heart Wide Open Wellness Announces Hiring for AMFTs, APCCs, and Newly Licensed Marriage & Family Therapists



Folsom, California Apr 15, 2026 (Issuewire.com) - [Heart Wide Open Wellness](http://HeartWideOpenWellness.com) is expanding its team and is now hiring Associate Marriage and Family Therapists (AMFTs), Associate Professional Clinical Counselors (APCCs), and newly Licensed Marriage & Family Therapists to support its growing psychotherapy practice in the Folsom area.

Founded by Hannah Zackney, Heart Wide Open Wellness offers holistic psychotherapy and wellness services designed to support emotional well-being, personal growth, and trauma-informed healing. The practice provides a wide range of therapeutic services, including individual therapy, group therapy, virtual sessions, in-person therapy, walking therapy, and ketamine-assisted therapy.

As demand continues to grow for compassionate, skilled mental health support, Heart Wide Open Wellness is seeking clinicians who are passionate about helping clients navigate anxiety, trauma, relationship challenges, and life transitions in a supportive and nurturing environment. The practice describes its team as dedicated therapists committed to guiding individuals and families toward emotional wellness and lasting transformation.

Heart Wide Open Wellness is led by Zackney, who introduces herself on the company's homepage as a holistic psychotherapist, supervisor to a team of associate therapists, coach, yogi, and the creator of Heart Wide Open Wellness. The practice emphasizes a whole-person approach to healing, with care that supports the mind, body, and spirit.

Heart Wide Open Wellness serves clients through a variety of therapy offerings and continues to grow its presence as a trusted resource for psychotherapy and holistic wellness in the Folsom community. The company also offers retreats, women's membership programming, and wellness-based services as part of its broader mission to help people reconnect with joy, confidence, and purpose.

Clinicians interested in learning more about the opportunity are encouraged to visit heartwideopenwellness.com for additional information.

About Heart Wide Open Wellness

Heart Wide Open Wellness is a Folsom-based holistic psychotherapy and wellness practice founded by Hannah Zackney. The practice offers therapy and wellness services that support emotional healing, personal development, and whole-person well-being through compassionate, integrative care.

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