

## Dr Alfredo Nudman Featured Americas Best In Medicine Brings Decades Expertise And Innovation To Patient Centered Care

Renowned psychiatrist integrates advanced treatments with a deeply personalized approach to mental health



**Cicero, New York Apr 23, 2026 ([Issuewire.com](https://www.Issuewire.com))** - Dr. Alfredo Nudman, a board-certified psychiatrist known for his clinical insight and compassionate approach, continues to set a high standard in modern psychiatric care through a blend of experience, innovation, and patient-centered practice. With a career

spanning academic medicine and private practice, Dr. Nudman has built a reputation for treating complex psychiatric conditions with precision and empathy.

Born and educated in Chile, Dr. Nudman earned his medical degree from the University of Chile before advancing his training in the United States. He completed his psychiatry residency at Weill Cornell Medical College in New York, where he later served as a full-time faculty member. During his tenure, he was honored as a three-time Teacher of the Year, reflecting his commitment to education, mentorship, and the development of future leaders in psychiatry.

Transitioning from academia to private practice, Dr. Nudman established a solo general psychiatric practice that reflects his comprehensive approach to mental health care. His practice includes an attached clinic specializing in IV ketamine infusions, offering cutting-edge treatment options for patients with treatment-resistant depression and anxiety. As one of the earliest psychiatrists in New York to introduce IV ketamine therapy—beginning approximately 15 years ago—Dr. Nudman has played a key role in advancing its integration into mainstream psychiatric treatment.

In addition to providing thorough diagnostic evaluations and expert psychopharmacology management, Dr. Nudman is frequently sought out for complex third- and fourth-opinion consultations. His expertise is particularly valued in cases where conventional treatments have proven insufficient, and his ability to navigate challenging clinical presentations has made him a trusted resource among both patients and peers.

Central to Dr. Nudman's philosophy is the goal of alleviating mental suffering while helping patients restore a sense of identity, balance, and emotional well-being. He approaches each case with a deep respect for the individual experience of illness, combining scientific rigor with a nuanced understanding of the human condition.

### **Learn more about Alfredo Nudman:**

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/alfredo-nudman>

### **America's Best in Medicine**

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