

Debbie Asche Releases Inspiring Poetry Collection “A New Leaf”

Adrian, Michigan Apr 21, 2026 ([Issuewire.com](https://www.issuewire.com)) - Debbie Asche proudly announces the release of her heartfelt new poetry collection, [A New Leaf: A Little Book of Healing Poems](#), now available on Amazon. This deeply personal and inspiring book explores themes of grief, healing, love, resilience, and hope, offering comfort to readers navigating life’s emotional challenges.

Dedicated to the memory of her mother, Anne Asche, *A New Leaf* is a touching collection of poems born from personal loss and the journey of healing that follows. Through honest and relatable writing, Debbie shares reflections on bereavement, remembrance, friendship, self-worth, and finding peace after heartbreak.

The collection beautifully uses symbols from nature—such as robins, bluebells, sunshine, stars, gardens, and the sea—to represent healing, comfort, and the lasting presence of loved ones who may no longer be physically here. Each poem reassures readers that grief is not something to “get over,” but something we learn to carry with love and strength.

“At its heart, this book is about healing,” says Debbie Asche. “I wanted to write something real—something that would help people feel less alone during grief and remind them that better days do come. Losing my mum changed my life, and these poems became part of my healing journey.”

The title, *A New Leaf*, reflects the book’s powerful message of emotional renewal—turning pain into growth and learning how to move forward without forgetting the people we love. With its warm, conversational style and emotionally honest voice, the book is already resonating with readers looking for encouragement, reflection, and connection through poetry.

Whether someone is coping with the loss of a loved one, searching for emotional healing, or simply seeking meaningful poetry, *A New Leaf* offers a comforting and uplifting reading experience.

A New Leaf: A Little Book of Healing Poems is now available for purchase on Amazon in paperback and Kindle editions.

Amazon Link: <https://www.amazon.com/dp/B0FSYLP4WG>

Official Website: <https://debbieasche.com/>

About the Author

Debbie Asche is a writer whose poetry is inspired by real life, family, healing, and emotional resilience. Her work focuses on helping others through honest storytelling and relatable reflections on grief, love, and personal growth. *A New Leaf* is her powerful tribute to remembrance, hope, and the enduring bond between loved ones.

Media Contact

Debbie Asche

Author of *A New Leaf: A Little Book of Healing Poems*

Available on Amazon

Website: <https://debbieasche.com/>

Amazon: <https://www.amazon.com/dp/B0FSYLP4WG>

For interviews, media inquiries, book reviews, and speaking opportunities, please visit the official website.

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