

## **Caroline Cribari, MD, PhD, Recognized By America's In Medicine, Advancing Psychiatric Care Innovation And Compassion**

**Renowned Psychiatrist, Consultant, Instructor, and Speaker Bridges Research and Practice to Transform Mental Health Outcomes**



**Davis, California Apr 14, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Caroline Little Cribari, MD, PhD, is a distinguished psychiatrist, consultant, instructor, and inspirational speaker whose career spans more than two

decades at the intersection of research, leadership, and patient-centered care. Currently serving as an attending psychiatrist with the California Department of State Hospitals in Napa, California, Dr. Cribari provides highly specialized treatment to complex adult forensic inpatient populations, demonstrating a deep commitment to restoring stability, dignity, and autonomy for individuals with severe mental illness.

Known for her thoughtful and ethical approach, Dr. Cribari brings a collaborative and systems-oriented perspective to psychiatry. Her expertise has extended beyond general adult and forensic psychiatric care into women's mental health, addressing perinatal mood and anxiety disorders and eating disorders. She developed a wellness-based model with associated clinical assessment tools focused on the needs of pregnant and postpartum women. Her ability to manage patients with medication sensitivities and multifaceted clinical presentations has made her a trusted leader in the field.

A certified provider of Transcranial Magnetic Stimulation (TMS), Dr. Cribari is at the forefront of innovative, non-medication treatments for individuals with treatment-resistant depression. As a speaker, she is widely recognized for sharing forward-thinking insights on brain health, wellness, and emerging therapeutic approaches that are reshaping psychiatric care.

Dr. Cribari earned both her MD and PhD from the University of Rochester School of Medicine and Dentistry and completed her psychiatry residency at Stanford University School of Medicine, where she also received specialized training in cognitive behavioral therapy. In addition to her clinical work, she remains an active lecturer and consultant, contributing to the education and advancement of future mental health professionals.

Driven by a passion to address unmet needs, Dr. Caroline Little Cribari continues to elevate psychiatric care through innovation, compassion, and unwavering dedication to whole-person healing.

### **Learn more about Dr. Caroline Little Cribari:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/caroline-cribari>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

### **Media Contact**

America's Best in Medicine

\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

Source : Dr. Caroline Little Cribari

[See on IssueWire](#)