

America's Top Medicine Profiles Kailyn Elliott: Patient-Centered Innovation in Healthcare, Genomics, and Literature

Physician, CEO, and Researcher Leads Transformative Care Models While Launching Groundbreaking Literary Series



healthcare executive, and innovator with a distinctive foundation in both nursing and medicine. He earned his Bachelor of Science in Nursing from the University of Washington School of Nursing, an experience that shaped his patient-centered and systems-based approach to care. This early clinical perspective continues to influence his leadership style and commitment to improving healthcare delivery at every level.

Dr. Elliott's extensive educational background includes a Doctor of Nursing Practice from the University of Miami, as well as a Master of Project and Operations Management, a Master of Science in Nursing (Family Nurse Practitioner), and a Master of Business Administration. His diverse clinical experience spans neuroscience step-down units, emergency medicine, cardiac telemetry, orthopedic surgery, trauma, psychiatry, and rehabilitation. Beginning his career as a registered nurse, Dr. Elliott developed a deep appreciation for patient safety, interdisciplinary collaboration, and evidence-based practice—principles that remain central to his work today.

Currently, Dr. Elliott serves as Chief Executive Officer of HealthMate, PLLC, where he oversees clinical operations, financial strategy, and healthcare team management within correctional medicine. In this role, he is focused on delivering high-quality, accessible care in complex and often underserved environments. He is also the Founder of RootBound Health, an innovative organization designed to support medical professionals in transitioning from training to independent practice ownership. Through structured mentorship, business education, and hands-on residency opportunities, RootBound Health empowers providers to operate as independent contractors within a supportive framework—advancing Dr. Elliott's mission to expand access to primary care.

Further demonstrating his commitment to innovation, Dr. Elliott developed the Transitional Linkage of Care (TLC) model, a forward-thinking approach aimed at reducing hospital readmissions. The model emphasizes early patient identification, rapid follow-up care, and the integration of remote monitoring technologies to improve outcomes. His clinical philosophy prioritizes fully present, patient-centered interactions supported by AI-assisted documentation and calming, non-traditional care environments that enhance both patient and provider experiences. A recipient of the TL1 National Research Fellowship from the National Institutes of Health, Dr. Elliott has also made significant contributions to the field of genomic medicine.

As a healthcare professional and researcher specializing in genomics and patient-centered care, Dr. Elliott's work focuses on the ethical, social, and practical implications of whole genome sequencing. His published research includes *Preferences for the Provision of Whole Genome Sequencing Services Among Young Adults* (PlusOne, March 2017), *Young Adults' Attitudes Toward Pediatric Whole Genome Sequencing* (Personalized Medicine, September 2016), and *Assessing Attitudes of Young Adults Towards Whole Genome Sequencing Utilization During Neonatal Screening*. Across these studies, he explores how younger populations perceive genetic testing and how these technologies can be responsibly integrated into modern healthcare.

In addition to his scientific and executive achievements, Dr. Elliott is also an accomplished fiction author. He is the creator of a 13-book series titled *The 13 Fractures*, with the first installment, *House of Dust*, scheduled for release on July 4. The series introduces a new subgenre—"Forensic Mythopolitics"—which blends investigative storytelling with political and mythological themes. Future releases are strategically aligned with significant political dates, including Election Day, reinforcing the series' thematic focus.

The 13 Fractures explores complex societal issues such as the corporatization of the United States and the erosion of citizen rights through legal and political systems. The books will be available on major

platforms, including Amazon and Barnes & Noble. Dr. Elliott is independently publishing the series through his own imprint, working closely with an editor and marketing team. The full series is expected to be completed over an estimated two-year timeline.

Looking ahead, Dr. Elliott plans to expand his authorship into the medical field with a forthcoming book addressing systemic challenges within healthcare and offering actionable solutions. His broader marketing and publication strategy includes a large-scale press release and feature distribution to more than 4,000 media outlets, including major digital platforms such as Google and Yahoo. With a strong emphasis on search engine optimization (SEO), digital visibility, and audience engagement, he aims to drive awareness and accessibility for both his clinical initiatives and literary work.

A committed advocate for equitable access to healthcare, Dr. Elliott emphasizes policy awareness, community outreach, and culturally responsive care. His work is driven by a dedication to improving healthcare systems through scalable innovation, meaningful stakeholder collaboration, and forward-thinking solutions that elevate patient safety, quality outcomes, and community well-being.

Learn more about Kailyn Elliott:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/kailyn-elliott> or through his profile on RootBound Health, <https://rootboundhealth.com/provider>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

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