

## America's In Medicine: Sara Elizabeth Serafin MSN RN FNP-BC, Board-Certified Family Nurse Practitioner At Cass Clinic

Sara Serafin, MSN, RN, FNP-BC, Expands Access to Compassionate, Holistic Care in Northern Indiana and Southern Michigan



**Mishawaka, Indiana Apr 28, 2026 ([Issuewire.com](http://Issuewire.com))** - Mishawaka, IN — Sara Serafin, MSN, RN, FNP-BC, is proud to announce her continued commitment to delivering high-quality, patient-centered healthcare across the Mishawaka, South Bend, and southern Michigan communities. With over five

years of registered nursing experience and advanced clinical training as a Family Nurse Practitioner, Serafin brings a compassionate, holistic approach to patients from diverse ethnic, cultural, and socioeconomic backgrounds.

Currently practicing at Cass Family Clinic as a Family Nurse Practitioner, Serafin provides comprehensive care that includes patient examinations, diagnostic testing, treatment planning, and medication management in collaboration with physicians. Her practice emphasizes not only treating illness but also addressing the emotional, psychosocial, and environmental factors that influence overall health and well-being.

Serafin's clinical philosophy centers on building strong, trusting relationships with patients and their families while ensuring continuity of care through coordination, follow-up, and education. She is dedicated to empowering individuals through health education, preventive care strategies, and personalized support, helping patients make informed decisions about their health.

Prior to her current role, Serafin served as a Registered Nurse at Saint Joseph Regional Medical Center, where she gained extensive experience across progressive care, pre-operative and post-operative services, outpatient infusion, and family practice. Her ability to remain calm under pressure, respond effectively to emergency situations, and collaborate within multidisciplinary teams has made her a reliable and respected healthcare provider.

Serafin earned her Master of Science in Nursing from Indiana University South Bend in May 2025, following completion of her RN-to-BSN degree in 2021 and her Associate of Science in Nursing from Ivy Tech Community College in 2019. She is board-certified through the American Nurses Credentialing Center and holds active licensure in both Indiana and Michigan.

As she continues to serve the region, Serafin remains committed to upholding the highest standards of patient care, safety, and professionalism. Her mission is to provide accessible, compassionate, and competent healthcare that meets the evolving needs of the communities she serves.

### **Learn more about Sara Elizabeth Serafin:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/sara-serafin> or through her profile on Cass Family Clinic, <https://cassfamilyclinic.org/wps-members/sara-serafin-msn-rn-fnp-bc/>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

## Media Contact

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