

## America's Best In Medicine: Virginia Hyannis Lee, DACM, LAc, Dipl OM, CMLDT, Leading San Diego Acupuncturist

Blending Ancient Wisdom and Modern Research to Deliver Personalized, Evidence-Based Care



(NCCAOM), CMLDT, is a dedicated Doctor of Acupuncture and Chinese Medicine committed to helping patients achieve their happiest, healthiest lives through natural, evidence-based healing. As the Founder of Dr. Lee AcuSuccess, she is recognized for her compassionate, patient-centered approach and her ability to deliver life-changing results—even for those who have struggled to find relief elsewhere. Her practice integrates ancient healing traditions with modern research to create personalized treatments that honor both mind and body.

Dr. Lee is a Nationally Board Certified Acupuncturist and Herbalist, as well as a Certified Manual Lymphatic Drainage Therapist. She is a respected educator, teaching Integrative Health Classes and Acupressure Workshops at UC Berkeley, and serving as a guest lecturer for UCLA's Department of Medicine. Through her educational roles, she shares evidence-based acupuncture research and integrative medicine principles with future healthcare professionals, bridging the gap between traditional wisdom and contemporary clinical practice.

Her clinical expertise spans pain management, neurological conditions, acute and chronic illnesses, emotional wellness, cosmetic acupuncture, herbal pharmacology, and Eastern nutrition. Dr. Lee's background in Psychology from UC Berkeley strengthens her holistic approach, enabling her to design treatment plans that support both physical healing and emotional balance. Guided by the philosophy that "everything is interconnected," she focuses on addressing root causes to restore long-term health and well-being.

A lifelong learner, Dr. Lee has earned numerous specialized certifications and continuously incorporates research-supported techniques into her practice. Beyond her clinical and academic work, she is deeply committed to service, volunteering with UCLA's educational outreach programs, supporting underserved children in Mexico, and contributing to Rally4Reilly, a charity dedicated to patients with spinal cord injuries. She also promotes the concept of "Food as medicine," creating healthy recipes inspired by Eastern nutritional philosophy.

Through her practice, teaching, volunteerism, and innovative approach to integrative medicine, Dr. Virginia Hyannis Lee continues to transform lives, offering patients personalized, evidence-based care while advancing the future of holistic health and wellness.

### **Learn more about Dr. Virginia Hyannis Lee:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/virginia-lee> or through her website, <https://drleeacusuccess.com/>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

## Media Contact

America's Best in Medicine

\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

Source : Dr. Virginia Hyannis Lee

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