

America's Best in Medicine Profiles Dr. Omar Abderhman, DC CME Leading Physician Advancing Multidisciplinary Injury Care

Founder of Injury Federal Clinic Combines Clinical Expertise, Innovation, and Compassion to Restore Function and Improve Patient Outcomes



Jacksonville, Florida Apr 1, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Omar Abderhman, DC CME, is a Board-Certified Licensed Chiropractic Physician and Certified Medical Examiner specializing in the diagnosis and treatment of musculoskeletal injuries. He also serves as a medical provider for the U.S. Department

of Labor and the U.S. Department of Transportation. Recognized Expert Medical Witness and a published author. Through his clinical expertise and commitment to patient-centered care, Dr. Abderhman has established himself as a trusted leader in injury treatment and rehabilitation.

Dr. Abderhman is the Founder of Injury Federal Clinic, one of Jacksonville's leading multidisciplinary injury centers. The clinic is an all-inclusive, award-winning facility dedicated to the comprehensive diagnosis and treatment of injuries. Under his leadership, Injury Federal Clinic utilizes an integrated care model that combines advanced diagnostics, evidence-based therapies, and compassionate patient care to deliver thorough and effective treatment outcomes.

The clinic specializes in a wide range of musculoskeletal conditions affecting the spine, joints, ligaments, soft tissues, bones, muscles, tendons, and nerves. Common conditions treated include neck and back pain, TMJ disorders, headaches, chronic pain, concussions and whiplash, arthritis, sprains and strains, carpal tunnel syndrome, fibromyalgia, spinal disc injuries, scoliosis, fractures, plantar fasciitis, tendonitis, ligament tears, nerve pain, and sciatica, among others. This comprehensive approach allows patients to receive personalized care tailored to their unique conditions and recovery goals.

"What I enjoy most about practicing medicine is the opportunity to genuinely help people feel better and reclaim their quality of life," says Dr. Abderhman. "Seeing a patient recover, manage pain, or regain function is deeply rewarding and reinforces why I chose this profession. I am driven by the ability to make a real difference—knowing that my clinical decisions can significantly improve, and at times even change, someone's life." He also emphasizes the importance of building lasting relationships with patients, grounded in trust, compassion, and open communication.

Dr. Abderhman earned his Bachelor's Degree in Medical Health Sciences from George Mason University and his Doctor of Chiropractic Medicine Degree from Palmer College. He further advanced his clinical training through continuing education at the University of California, Irvine School of Medicine, along with a fellowship at SME Healthcare and a preceptorship at Halifax Health. These experiences provided him with extensive training in advanced patient evaluation, injury management, and interdisciplinary collaboration.

Throughout his career, Dr. Abderhman has held key clinical roles at respected healthcare organizations, including Federal Injury Centers, Injury Care Centers, and Coastal Integrative Healthcare. His work reflects a strong commitment to patient advocacy, critical thinking, and the continuous advancement of clinical practice.

In addition to his clinical work, Dr. Abderhman has contributed to professional publications and research on topics such as Deep Vein Thrombosis, photobiomodulation in musculoskeletal injury management, regenerative medicine therapies including PRP and stem cells, and best practices for treating complex injuries. His research underscores his dedication to innovation and improving patient outcomes through multidisciplinary care.

Widely recognized for his excellence, Dr. Abderhman has received numerous honors, including the WebMD Patients' Choice Award, WebMD Preferred Provider Award, DOL Top Physician Award, and recognition among America's Best in Medicine Top 100 Doctors. He maintains multiple clinical affiliations throughout Northeast Florida, providing integrative healthcare services focused on injury care and rehabilitation.

"Medicine challenges me intellectually, allowing me to solve complex problems through careful

diagnosis and critical thinking, while continually evolving and encouraging lifelong learning,” Dr. Abderhman adds. “Being able to educate, reassure, and advocate for patients during vulnerable moments, while collaborating with a dedicated healthcare team, brings a strong sense of purpose. Despite the demands of the profession, the gratitude of patients and the impact of meaningful care are what keep me passionate.”

Guided by the principle, “My patients deserve nothing less,” Dr. Omar Abderhman continues to exemplify professionalism, innovation, and excellence in delivering high-quality, outcome-driven care that helps patients recover, regain function, and improve their quality of life.

Learn more about Dr. Omar Abderhman:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/omar-abderhman> or through his profile on Injury Federal Clinic, <https://www.injuryfederalclinic.com/staff>

America’s Best in Medicine

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