

America's Best In Medicine: Karen Claise Championing Chronic Care & Remote Monitoring In Philadelphia And New Jersey

Experienced Nurse Practitioner Consultant Focuses on Patient-Centered Care for Vulnerable Populations



Manchester, New Jersey Apr 23, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Karen Claise, a highly regarded Nurse Practitioner Consultant specializing in Chronic Care Management (CCM) and Remote Patient

Monitoring (RPM), is making significant strides in enhancing patient care throughout Greater Philadelphia and New Jersey. With nearly two decades of clinical experience and a strong background in critical care nursing, Karen's approach combines clinical depth with operational expertise to improve health outcomes and enhance patient experiences.

Having begun her career in critical care, Karen has cultivated an extensive skill set that encompasses geriatric and nursing home medicine, psychiatric medication management, primary and urgent care, and correctional health. Her leadership has been instrumental in the successful implementation of CCM and RPM programs, which have proven effective in reducing unnecessary hospitalizations and improving care coordination across various healthcare settings.

Karen's professional journey includes pivotal roles within the Duke University Health System and executive leadership in care management organizations. Her robust foundation in cardiology, open-heart and neurocritical care, and respiratory intensive care informs her strong clinical judgment and systems-thinking approach. Her commitment to quality improvement initiatives, electronic medical record (EMR) implementation, and interdisciplinary team development underscores her dedication to a holistic, patient-centered model of care.

A graduate of Fairleigh Dickinson University and the University of Southern Indiana, Karen views healthcare as a calling rather than just a profession. "What I enjoy most about practicing medicine is the opportunity to provide meaningful, patient-centered care—particularly to vulnerable populations in long-term care and psychiatric settings," she shares. "Building relationships that truly impact outcomes is what drives my passion."

In addition to her clinical work, Karen is actively involved in community and faith-based nursing initiatives, focusing on patient education and wellness beyond the clinical setting. She mentors aspiring nurses and nurse practitioners, encouraging them to seek strong mentorship and maintain a patient-focused approach in their practice.

As the demand for nurse practitioners grows, especially in nursing homes and psychiatric settings, Karen recognizes the potential for advancing care through telehealth and remote monitoring. "While our field faces numerous challenges, I see tremendous opportunity to improve access and quality of care," she states.

Learn more about Karen Claise:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/karen-claise>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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