

America's Best In Medicine Chukwunwike (“Chike”) Okafor, MD Delivers Advanced Sports And Family Care In New York Metro

Board-Certified Physician Combines Preventive Medicine, Injury Expertise, and Patient Empowerment to Improve Long-Term Health



South Orange Village, New Jersey Apr 23, 2026 ([IssueWire.com](https://www.issuewire.com)) - Chukwunwike (“Chike”) Okafor, MD, is a Board-Certified Physician in both Sports Medicine and Family Medicine who is making a meaningful impact across the New York City Metropolitan Area through a personalized, evidence-based approach to care. Currently practicing at Golson Medical Associates and Vertex Sports Medicine. Dr. Okafor provides comprehensive services that range from preventive care and chronic disease management to specialized musculoskeletal and sports medicine treatment.

With a strong commitment to helping patients stay active and healthy, Dr. Okafor incorporates advanced tools such as musculoskeletal ultrasound, ultrasound-guided injections, regenerative medicine, and injury prevention strategies into his practice. His individualized approach allows patients of all ages and activity levels to receive treatment plans tailored to their unique goals and lifestyles.

A proud New Jersey native, Dr. Okafor earned his Medical Degree from Rutgers Robert Wood Johnson Medical School. He completed his family medicine residency at Montefiore Health System, where he developed a broad foundation in primary care and community health. He later advanced his training through a sports medicine fellowship at Duke University.

During his fellowship, Dr. Okafor served as a team physician for collegiate athletes at Duke University, Elon University, and North Carolina Central University. His dual board certification enables him to bridge everyday medical care with advanced sports-focused services such as concussion management, arthritis treatment, and biomechanical or gait analysis.

Beyond the clinic, Dr. Okafor is passionate about mentorship and service. He has volunteered internationally in Ghana, supporting sustainable healthcare initiatives and expanding access to quality care. Outside of medicine, he enjoys basketball, Brazilian Jiu-Jitsu, discovering new restaurants, and spending time with family and friends.

Guided by curiosity, attentive listening, and a dedication to evidence-based medicine, Dr. Chukwunwike (“Chike”) Okafor continues to help patients achieve stronger health outcomes and improved quality of life.

Learn more about Dr. Chukwunwike (“Chike”) Okafor:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/providers/chukwunwike-okafor> or through his profile on Golson Medical Associates, <https://www.golsonmedical.com/about/>

America’s Best in Medicine

America’s Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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Source : Dr. Chukwunwike (“Chike”) Okafor

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