

Americas Best In Medicine: Aisha Saidy, RN, BSN, Delivering Compassionate Care And Expanding Global Healthcare Access

Seasoned ICU Nurse and Founder of The Village Girl Initiative Expands Impact from Bedside Care to International Humanitarian Efforts



Plano, Texas Apr 10, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Aisha Saidy, RN, BSN, is a highly accomplished Registered Nurse with nearly two decades of diverse clinical experience across some of the most

demanding areas of healthcare, including Neuro-Trauma Intensive Care, Surgical ICU, Medical ICU, eICU, and in-home infusion therapy. Currently serving as a Neuro-Trauma ICU Registered Nurse at a Level I Trauma Hospital under HCA Healthcare in Plano, Texas, Aisha is recognized for delivering expert care to patients with complex neurological and hemodynamic conditions, including post-operative craniotomies and intricate vascular cases. Her approach to patient care is defined by precision, compassion, and an unwavering commitment to safety and optimal outcomes.

In addition to her hospital-based responsibilities, Aisha extends her clinical expertise into the home setting as an independent infusion nurse with AmeriPharma Specialty Care. In this role, she administers complex therapies such as immunoglobulin infusions, chemotherapy, total parenteral nutrition, and long-term intravenous antibiotic treatments, ensuring continuity of care for patients requiring advanced medical support outside the hospital environment.

Aisha's academic achievements underscore her dedication to excellence and lifelong learning. She earned her Bachelor of Science in Nursing from Grand Canyon University, graduating with an outstanding 3.95 GPA. Her academic distinction earned her President's List honors and induction into both the Sigma Theta Tau International Nursing Honor Society and the National Society of Collegiate Scholars.

Throughout her career in critical care, Aisha has cultivated extensive expertise in advanced life-support therapies, including Continuous Renal Replacement Therapy (CRRT), hypothermia protocols, external ventricular drains (EVDs), mechanical ventilation, tracheostomy care, and advanced wound management systems. She is actively involved in emergency response initiatives and is widely respected for mentoring new graduate nurses, helping them successfully transition into high-acuity clinical environments. Her experience across leading healthcare systems such as Baylor Scott & White Health, Steward Health Care, and Trinity Health highlights her strength in multidisciplinary collaboration, evidence-based practice, and regulatory compliance.

Fluent in English, Wolof, and Mandingo, Aisha brings cultural competency and strong communication skills to her practice. She is an active member of professional organizations, including the American Association of Critical-Care Nurses and the American Association of Neuroscience Nurses. Reflecting on her work, Aisha shares, "The result of seeing patients gain their life back, especially those with neurological deficits," is what she finds most fulfilling about her profession.

Driven by a passion to serve beyond the bedside, Aisha founded The Village Girl Initiative in 2015. Through this nonprofit organization, she partners with local healthcare professionals in The Gambia, West Africa, to provide free wellness clinics in underserved and remote communities with limited access to basic healthcare services.

Outside of her professional and humanitarian work, Aisha enjoys skydiving, zip-lining, reading, and spending time with her two daughters.

Through her continued commitment to clinical excellence, mentorship, and global outreach, Aisha Saidy exemplifies a nursing career grounded in purpose, leadership, and compassion.

Learn more about Aisha Saidy:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/aisha-saidy>

America's Best in Medicine

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