

## **Adrienne Conforti MS LAc LMT, America's Best In Medicine 20+ Years Holistic Healing At Acupuncture For Optimal Health**

Experienced Practitioner Specializing in Infertility and Cancer Support Delivers  
Compassionate, Patient-Centered Care in Rockville Centre, New York



**Rockville Centre, New York Apr 16, 2026 ([Issuewire.com](http://Issuewire.com))** - Adrienne Conforti, M.S., LAc., L.M.T., is a Licensed Acupuncturist and Licensed Massage Therapist with more than 24 years of experience

dedicated to helping patients achieve balance, healing, and overall well-being. She co-owns Acupuncture for Optimal Health PC alongside her husband, Andrew, where the duo has been serving the Rockville Centre community for the past four years.

As a husband-and-wife practice, Adrienne and Andrew have created a warm, welcoming environment that helps even the most apprehensive patients feel at ease. Their combined expertise and use of high-quality acupuncture techniques allow them to effectively treat a wide range of patients—from children to the elderly. Both practitioners are certified by Memorial Sloan Kettering Cancer Center to provide acupuncture care for cancer patients at any stage, offering relief from symptoms such as neuropathy, nausea, and post-surgical pain while supporting patients through the challenges of treatment.

Adrienne's approach to care is deeply rooted in compassion, attentive listening, and individualized treatment. She specializes in infertility care and supportive therapies for cancer patients, focusing on understanding each patient's unique concerns and tailoring treatments accordingly. Her goal is to empower patients while helping them restore physical and emotional balance throughout their healthcare journey.

Her passion for acupuncture began early in life while supporting a loved one through cancer treatment. Seeking natural, less invasive options with fewer side effects, Adrienne discovered the transformative benefits of holistic medicine. Her additional training as a massage therapist further strengthened her understanding of the body and enhanced her ability to provide comprehensive care.

In addition to her clinical work, Adrienne is a member of the Acupuncture Society of New York and holds national board certification from the National Certification Commission for Acupuncture and Oriental Medicine, reflecting her commitment to maintaining the highest standards of professional excellence.

As a mother of four, Adrienne also understands the demands and stresses of family life, allowing her to connect deeply with patients navigating similar challenges. She brings both professional expertise and personal empathy to every interaction.

Reflecting on her work, Adrienne shares, "What I enjoy most about practicing medicine is helping people. Being able to support my patients, improve their well-being, and make a positive impact on their lives is incredibly rewarding."

### **Learn more about Adrienne Conforti:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/adrienne-conforti> or through her profile on Acupuncture for Optimal Health PC, <https://acupuncture4today.com/>

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