

Willie J. Lett, MD, FACOG Recognized by America's Best in Medicine, Champions Women's Health & Safety

Retired Obstetrician and Gynecologist Advocates for Patient-Centered Care and Solutions to the Black Maternal Mortality Crisis



Arlington, Texas Mar 4, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Willie J. Lett, MD, FACOG, is a distinguished retired obstetrician and gynecologist whose career spans over 45 years of dedicated service to women's

health. Throughout his tenure, Dr. Lett delivered more than 8,500 babies with zero maternal deaths, reflecting his unwavering commitment to patient safety, clinical excellence, and compassionate care. Known for his ability to build meaningful doctor-patient relationships, he consistently prioritized a patient-centered approach, blending expertise in obstetrics and gynecology with empathy, clear communication, and collaborative care.

“What I enjoyed most about practicing medicine is helping my patients,” says Dr. Lett. “Being able to guide them through health challenges, provide support, and see them achieve better outcomes is deeply rewarding. I found fulfillment in building trusting relationships, educating patients about their care, and making a positive impact on their overall well-being.”

A leading advocate for maternal health, Dr. Lett has focused on addressing the Black maternal mortality crisis in the United States. He authored *Can We Solve the Black Maternal Mortality Crisis: Yes, ‘We’ Can*, available on Amazon and Barnes & Noble, sharing insights from decades of clinical experience and research. He has also published scholarly work in *The Grey Journal* on antibiotics, demonstrating his dedication to evidence-based medicine. His approach emphasizes preventive strategies, nutrition, and patient education, empowering patients to take an active role in their health and reduce pregnancy complications across all populations.

Dr. Lett earned his Bachelor of Science from Knoxville College and his Doctor of Medicine from Meharry Medical College, where he served as student body president and was an active member of Alpha Phi Alpha Fraternity, Gamma Omicron Chapter. Since retiring from private practice in 2016, he has continued contributing to the medical community through advocacy, mentorship, writing, and public education.

Beyond medicine, Dr. Lett is recognized for his leadership, communication, and public engagement skills, making him a respected voice in healthcare and a dedicated mentor to the next generation of physicians. He is also a member of the Van Courtlandt Social Club, the second oldest continuously operating male Black social club in the United States, which has been active for 115 years and continues to grow.

Dr. Willie J. Lett’s career reflects a lifelong commitment to patient safety, community impact, and advancing maternal health, leaving a lasting legacy for both his patients and the broader healthcare community. Dr. Lett has published a book titled *Can We Solve Black Maternal Mortality Crisis ... Yes, We Can*, available at [Amazon.com](https://www.amazon.com).

Learn more about Dr. Willie J. Lett:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/willie-lett>

America’s Best in Medicine

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