

Wesley Paterson Launches The Hero's Rope: A Leadership Book That Challenges Rescue Culture

New book by award-winning management consultant reveals how well-intentioned leaders create dependency — and offers a framework to build capable, anti-fragile teams instead.

THE HERO'S ROPE



*Stop carrying people across the
river and start teaching them
to cross themselves.*

WESLEY PATERSON

Medicine Hat, Alberta Mar 28, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Wesley Paterson, CMC, President of Paterson Consulting Inc., announces the April 17, 2026 release of his new book, *The Hero's Rope: Stop Carrying People Across the River and Start Teaching Them to Cross Themselves*. Available in Kindle and paperback on Amazon worldwide.

The Hero's Rope tackles a hidden crisis in modern organizations: well-meaning leaders who unknowingly create cultures of dependency by constantly rescuing their teams. Drawing on principles from ancient martial arts, Paterson presents a compelling case that true leadership is not about saving people — it is about building their capability to solve their own problems.

The book identifies 20 specific rescue behaviors that undermine organizational strength, from open-door policies that breed weakness to managers who swoop in on every struggling project. Readers will find actionable frameworks, self-assessments including the Master Rescue Assessment, and strategies to transform dependency into capability.

Wesley Paterson is an internationally recognized management consultant, keynote speaker, and recipient of the Queen Elizabeth II Platinum Jubilee Medal. He has delivered over 500 consulting projects worldwide and was named Management Consultancy Firm of the Year 2025 by Wealth & Finance. He is also a multi-year finalist for the International Constantinus Award.

The Hero's Rope is written for leaders, managers, consultants, and executives who are ready to stop enabling weakness and start building anti-fragile teams that thrive under pressure.

Bulk order incentives are available for leadership teams, including complimentary online tools, virtual Q&A sessions, and exclusive keynote workshops.

For more information, visit <https://patersonconsulting.ca/book/theherosrope/> or order directly on Amazon at <https://www.amazon.com/dp/B0GTBR8L2M>

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