

## **Nicole Mueller, RN, BSN Recognized by America's Best in Medicine, Empowers Nationwide Through Faith-Based Wellness Care**

Registered Nurse and Founder of Beacon of Wellness Coaching Combines Clinical Expertise, Holistic Health, and Faith to Support Resilience and Balance



**Chesapeake, Virginia Mar 4, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Nicole Mueller, RN, BSN, is a Registered Nurse, Faith-Based Transformative Nurse Coach, and Wellness Consultant with over 18 years of

experience in healthcare. Based in Chesapeake, Virginia, she is the Founder of Beacon of Wellness Coaching with Nicole, LLC, where she delivers fully virtual, faith-centered coaching to clients nationwide. A graduate of Capella University, Summa Cum Laude, Nicole combines strong clinical expertise with a compassionate, holistic approach to help individuals navigate stress, burnout, and chronic health challenges with clarity and confidence.

Throughout her nursing career, Nicole has cared for patients facing preventable and chronic conditions, giving her firsthand insight into how overwhelming the healthcare journey can feel without trusted guidance. Her work is especially focused on professionals in high-pressure roles—such as healthcare, first responders, law enforcement, and the military—who are often conditioned to put others first at the expense of their own well-being. Nicole believes that true resilience is built not through overexertion, but through alignment of body, mind, and spirit.

Nicole's coaching is a forward-focused, evidence-informed partnership grounded in nursing science, behavior change theory, and integrative care, creating space for clarity, curiosity, and sustainable change rather than diagnosing or “fixing” what's wrong. Her approach blends clinical expertise with compassion and presence, creating a safe, reflective space where clients feel heard, respected, and empowered to reconnect with their inner strengths — and for those who desire it, faith-based perspectives are incorporated in a client-led way. She partners with individuals navigating stress, burnout, life transitions, and complex health challenges, helping them move from awareness into aligned, meaningful action.

Through personalized, premium nurse coaching and wellness consulting, Nicole partners with clients to create practical, sustainable strategies that improve energy, reduce stress, and restore balance. Her faith-guided approach integrates nutrition, movement, mindset, stress management, spirituality, and lifestyle habits, empowering clients to make small, intentional changes with lasting impact. Nicole's mission is to help individuals not just survive demanding seasons of life, but truly thrive—because when wellbeing is prioritized, both personal and professional impact multiply.

### **Learn more about Nicole Mueller:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/nicole-mueller> or through her website, <https://www.beaconofwellnesswithnicole.com/>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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Source : Nicole Mueller

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