

Karen East Announces the Release of Sanctuary, Available in Print, eBook, and Audiobook Formats

A contemporary novel exploring themes of resilience, recovery, and personal growth

KAREN EAST

SANCTUARY



Wayne, New Jersey Mar 24, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Karen East Announces the Release of *Sanctuary*, Available in Print, eBook, and Audiobook Formats

Author Karen East has announced the release of her novel, *Sanctuary* (ISBN-10: 1480884782; ISBN-13: 978-1480884786), now available in paperback, eBook, and audiobook formats. The multi-format release expands accessibility for readers across different platforms.

Sanctuary is a contemporary work of fiction that explores themes of emotional resilience, recovery, and personal growth. The novel presents a character-driven narrative focused on individuals navigating adversity and seeking stability in uncertain circumstances. Through its storyline, the book addresses topics related to emotional challenges and the process of rebuilding.

The audiobook edition is available through Audible, offering an alternative format for audiences who prefer audio-based storytelling. The release across multiple formats reflects broader publishing trends focused on accessibility and reader convenience.

“Sanctuary reflects the internal struggles individuals may experience and the effort required to move forward,” said Karen East. “The story focuses on how people adapt, recover, and find direction during difficult periods.”

The book is currently available worldwide through major online retailers.

Book Details:

Title: *Sanctuary*

Author: Karen East

ISBN-10: 1480884782

ISBN-13: 978-1480884786

Formats: Paperback, eBook, Audiobook

Availability: Worldwide

eBook Link:

https://www.amazon.com/Sanctuary-Karen-East-ebook/dp/B0CD421KGX/ref=tmm_kin_swatch_0

About the Author

Karen East is a writer focused on contemporary fiction that explores emotional resilience and human experiences. Her work emphasizes character development and themes related to personal growth.

Media Contact

Seraphim Global Media LLC

Email: admin@seraphimgml.com

Phone: +1-888-347-1877

Website: <https://seraphimgml.com/>

SOURCE: Karen East



Media Contact

Seraphim Global Media

*****@seraphimgml.com

+1-888-347-1877

155 Willowbrook Blvd Ste 110 Wayne, NJ 07470

Source : Seraphim Global Media

[See on IssueWire](#)