

Jacqueline Glaros, LPCC-S (Ohio), LCPC-S (Maryland), Recognized By America's Best In Medicine For Clinical Excellence

Founder of Rejuvenate You Counseling, LLC, Provides Evidence-Based Therapy and Supervisory Mentorship in Ohio and Maryland



Cleveland, Ohio Mar 6, 2026 ([IssueWire.com](http://www.IssueWire.com)) - Jacqueline Glaros, LPCC-S (Ohio), LCPC-S (Maryland), is a highly experienced Professional Clinical Counselor and Board-Approved Supervisor

with more than a decade of dedicated service in mental health and substance use counseling, initially licensed in 2008. She has overall work experience in the mental health field since 2002. Jacqueline started her career as a case manager working with at-risk youth and their families, providing field-based community support services in an intensive home-based comprehensive program until obtaining her initial counselor license in the fall of 2008. She then transitioned her career into providing outpatient mental health therapy in a variety of different private practice settings in 2008, treating children through adult populations. Holding supervisory licensure in Clinical Mental Health Counseling in both Ohio and Maryland, Jacqueline plays a dual role as both clinician and mentor—guiding clients toward healing while preparing the next generation of counselors for ethical and effective practice.

Since 2/22/21, Jacqueline has owned and operated Rejuvenate You Counseling, LLC, an outpatient mental health private practice serving clients throughout Ohio and Maryland via in-person and telehealth services. Through her practice, she conducts comprehensive intake assessments, provides individualized therapy, and oversees all clinical documentation and administrative operations. In addition to direct client care, she supervises contract clinicians, ensuring quality standards while fostering professional growth and accountability.

Jacqueline's clinical work integrates evidence-based therapeutic approaches with a client-centered philosophy. She is experienced in individual, family, and couples therapy, as well as dual-diagnosis treatment and group therapy across outpatient and intensive outpatient settings. Jacqueline also obtained her Dancing Mindfulness Facilitator Certification in 2013, which allows her to infuse somatic movement and mindful meditative practices into traditional psychotherapy treatment for Mind, Body, and Spiritual whole person-centered recovery approach if clients are interested. Her background also includes addiction recovery counseling, case management, and close collaboration with psychiatric providers and community agencies to coordinate comprehensive, wraparound care. Jacqueline has provided individual therapy with children through elderly populations in a variety of settings and her own practice focuses on treating ages 18 and over adult populations. By addressing both mental health and substance use concerns, she helps clients achieve sustainable and meaningful outcomes.

Throughout her career, Jacqueline has held leadership positions including Clinical Director, Program Site Director, Supervisor, and Owner of her own Outpatient Mental Health practice. In these roles, she has demonstrated exceptional organizational skills, effective communication, and a deep commitment to maintaining high standards of care. She has supervised numerous interns and early-career counselors, guiding them through clinical training, licensure requirements, and adherence to state regulations. Her supervisory style emphasizes ethical practice, collaboration, and professional confidence.

Jacqueline earned her Master of Science in Education with advanced clinical coursework in Community Counseling from Youngstown State University. She maintains her Professional Clinical Counselor license with a Supervision Designation issued through both the Ohio and Maryland State Boards.

Respected for her integrity, leadership, and dedication, Jacqueline Glaros continues to make a lasting impact in the mental health field. Through compassionate care, structured supervision, and a steadfast commitment to excellence, she empowers both clients and clinicians to grow, heal, and thrive.

Learn more about Jacqueline Glaros:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/jacqueline-glaros>

America's Best in Medicine

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