

Emily Anker, MS, CCC-SLP, CBIS Recognized By America's Best In Medicine, Advances Neurorehabilitation In Des Moines Iowa

Owner of Brain Bridge Therapy Provides Functional, Evidence-Based Care Across the Lifespan, Promoting Independence and Quality of Life



Des Moines, Iowa Mar 4, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Emily Anker, MS, CCC-SLP, CBIS, is a licensed Speech-Language Pathologist and Certified Brain Injury Specialist dedicated to serving individuals across the lifespan in medical, educational, and community-based settings. Specializing in

neurorehabilitation, Emily provides expert care for clients with language and cognitive-communication disorders stemming from acquired brain injury, stroke, and neurodegenerative disease. Her approach combines functional, evidence-based therapy with a focus on independence, confidence, and enhancing quality of life.

As the Owner and Lead Clinician at Brain Bridge Therapy, PLLC in Des Moines, Iowa, Emily delivers in-home services tailored to clients experiencing communication and cognitive impairments due to neurological conditions or developmental delays. She administers comprehensive diagnostic assessments and provides individualized treatment in speech, language, cognition, voice, swallowing, and augmentative and alternative communication (AAC). Emily collaborates closely with healthcare providers, educators, and families, ensuring therapy is coordinated, holistic, and targeted to each client's unique goals. Brain Bridge Therapy's mission is to strengthen pathways and build new neurological bridges, fostering functional communication that makes a tangible difference in everyday life.

Serving children, teens, and adults throughout the greater Des Moines area, Brain Bridge Therapy emphasizes collaborative, client-centered care. Therapy sessions are designed to meet clients where communication matters most—at home, in the community, or in educational environments. Beyond clinical care, Emily prioritizes building a supportive network for clients and their families, empowering them to navigate challenges, celebrate progress, and feel understood throughout the rehabilitation process.

Prior to founding Brain Bridge Therapy, Emily served as a PRN Speech-Language Pathologist at Ability KC in Kansas City, Missouri, supporting adult patients with acquired brain injuries and contributing to aphasia rehabilitation programs. She also worked within the Center School District, managing diverse student caseloads, developing individualized treatment plans, leading IEP meetings, and collaborating with interdisciplinary special education teams.

Emily earned her Master of Science in Communication Sciences and Disorders from Rockhurst University and her Bachelor of Arts in Communication Sciences and Disorders from the University of Northern Iowa, with a minor in Family Studies. She holds the Certificate of Clinical Competence (CCC) from the American Speech-Language-Hearing Association (ASHA) and is a Certified Brain Injury Specialist (CBIS). Licensed in Iowa and Missouri, she is a two-time recipient of the Award for Continuing Education (ACE), reflecting her commitment to lifelong learning and clinical excellence.

Outside of her professional work, Emily enjoys spending time with family and friends, walking her dog Lola, sewing, reading, and staying active through workouts. Relocating to Iowa has allowed her to be closer to family and immerse herself in local community events, including Iowa State sporting events. Emily Anker remains dedicated to advancing neurorehabilitation and speech-language therapy, continuing to make a meaningful impact in the lives of her clients and their families.

Learn more about Emily Anker:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/emily-anker> or through her website, <https://www.brainbridgetherapy.org/>

America's Best in Medicine

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healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

Source : Emily Anker

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