

## **Cobey West, PT, Recognized By America's Best In Medicine, Brings Military Discipline And Clinical Expertise To PT Care**

Louisiana-Based Physical Therapist and National Guard Staff Sergeant Combines Service, Science, and Compassion to Enhance Patient Outcomes



**Lafayette, Louisiana Mar 31, 2026 ([IssueWire.com](https://www.issuewire.com))** - Cobey West, PT, is a dedicated physical therapist and Staff Sergeant in the Louisiana National Guard, bringing more than two decades of military service to his work in healthcare. Having served in Operation Iraqi Freedom and Operation New Dawn, Cobey has developed a strong foundation of discipline, resilience, and leadership—qualities that

now define his approach to patient care and rehabilitation.

Cobey earned his Bachelor's Degree in Kinesiology and Exercise Science from the University of Louisiana at Lafayette, where he was actively involved in the Kinesiology Professionals Association and Sigma Alpha Lambda. He later completed his Doctorate of Physical Therapy at LSU Health Shreveport School of Health Professions and Sciences, with a specialization in orthopedics and sports physical therapy. His academic training, combined with hands-on clinical experience, enables him to effectively treat a wide range of musculoskeletal conditions and help patients regain mobility and strength.

Known for his patient-centered approach, Cobey emphasizes individualized treatment plans grounded in evidence-based practices. He works closely with each patient to understand their goals, tailoring rehabilitation programs to optimize recovery, improve functional performance, and support long-term health and wellness.

Beyond his professional responsibilities, Cobey is deeply committed to community service. He has volunteered with Habitat for Humanity for more than a decade, reflecting his dedication to helping others both inside and outside the clinic. An advocate for active living, he also enjoys exercise and sports, embodying the same commitment to physical health that he encourages in his patients.

Through his combined service in the military and healthcare, Cobey West continues to make a meaningful impact, empowering individuals to recover, rebuild, and live their best lives.

### **Learn more about Cobey West:**

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/cobey-west>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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