

Award Winning Author Shari Emami Interviews Rhiannon Lewis For Aromatika Magazine

Award-Winning Author Shari Emami Bridges the Gap in Integrative Healthcare with Exclusive Feature in Aromatika Magazine



Image: © 2026 Simen Zupancic
All rights reserved

Shari Emami
H.H.P. /C.H.C.

**BRIDGING THE GAP: RHIANNON LEWIS
ON THE GLOBAL EVOLUTION OF CLINICAL AROMATHERAPY**

Beverly Hills, California Mar 6, 2026 ([Issuewire.com](https://www.issuewire.com)) - Award-winning author and Holistic Health Practitioner Shari Emami is proud to announce the release of her featured interview in the Spring 2026 issue of Aromatika Magazine. In this exclusive "Food for Thought" segment, Emami explores the global evolution of clinical aromatherapy and the power of collaborative care in the modern medical landscape. Her interview with the famous sought after Rhiannon Lewis does not disappoint. You will be so delighted to read it.

The feature, titled "Bridging the Gap," highlights the transition of aromatherapy from a niche practice to a respected component of integrative healthcare. Within the article, Emami advocates for a "root-cause" approach to patient care—a philosophy central to her work as a trauma healing coach and educator.

"As a fellow educator, I always tell my readers to build a 'good team' of care specialists," says Emami. "We accomplish more when we come together with a shared mission rather than trying to go it alone with individual agendas".

The interview release coincides with the ongoing promotion of Emami's acclaimed book, *Breaking Free from Pain: From Suffering to Strength*. Drawing from her own personal journey with fibromyalgia and various healing modalities, the book serves as a vital resource for those seeking evidence-based guidance and compassionate support for chronic pain.

In a world where misinformation is often loud, Emami's contribution to Aromatika Magazine reinforces the importance of professional rigour, academic research, and the "patient's voice" in healing.

About Shari Emami:

Shari Emami, H.H.P./C.H.C., is an award-winning author, guest speaker, and certified trauma healing coach. Her book, *Breaking Free from Pain*, is available on Amazon in both hardback and paperback. [Get Your Copy Of The Book!](#)

About Aromatika Magazine:

Aromatika Magazine is a professional publication dedicated to clinical aromatherapy, herbalism, and plant-based healthcare. [Aromatika Magazine](#)

Contact Information:

Shari Emami

Email: shariaemami@gmail.com

Instagram: [@shariemami](#)

[Instagram](#)

