

Andrew Milder, O.D., Recognized By America's Best In Medicine For Advancing Eye Care At Modern Vision Centers

Dedicated Optometrist Specializes in Myopia Management, Surgical Co-Management, and Advanced Ocular Disease Treatment



West Des Moines, Iowa Mar 4, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Andrew Milder, O.D., is a dedicated

optometrist with Modern Vision Centers, where he provides outstanding, patient-centered eye care to individuals and families throughout the Des Moines area. With a focus on primary eye care, myopia management, and pre- and post-operative care for cataract and refractive surgeries, he combines advanced clinical expertise with a personalized approach to long-term visual wellness.

Dr. Milder delivers comprehensive vision services, including ocular disease management, specialty contact lens fittings, and vision therapy. He incorporates advanced technologies for dry eye treatment and refractive procedures, ensuring patients receive evidence-based care tailored to their specific needs. His experience spans the co-management of procedures such as LASIK, SMILE, PRK, EVO ICL, refractive lens exchange (RLE), and cataract extraction with intraocular lens implantation (CE/IOL), including the use of RxSight Light Adjustable Lenses. He is also proficient in orthokeratology and scleral lens fitting.

“I chose optometry because it gives me the chance to connect with patients one-on-one, explaining their visual challenges and partnering with them to find solutions that meet their needs,” says Dr. Milder. “The continuity of care is especially meaningful to me; I have the opportunity to see patients year after year, monitor their eye health, and often provide care for entire families. In doing so, I know I’m not just addressing immediate concerns but also guiding my patients toward long-term visual wellness.”

Born and raised in Ottumwa, Iowa, Dr. Milder attended Ottumwa High School, where he was actively involved in cross country, theatre, and show choir. He earned a Bachelor of Arts Degree in Communication Sciences and Disorders from the University of Northern Iowa, graduating Magna Cum Laude with minors in Biology and the Study of Religion. He went on to receive his Doctor of Optometry Degree from the Indiana University School of Optometry in 2023, graduating with honors and earning a Graduate Certificate in Business Management.

Following graduation, Dr. Milder practiced at Vision Care Center in Peoria, Illinois, from 2023 to 2025, gaining extensive clinical experience in both private and VA-affiliated settings. He has completed hundreds of comprehensive eye examinations and developed expertise in managing a wide range of ocular conditions across diverse patient populations.

Beyond clinical practice, Dr. Milder has demonstrated strong leadership and a commitment to advancing the profession. He served as President of the Illinois Valley Optometric Society from 2024 to 2025, organizing continuing education programs and fostering collaboration among colleagues. At Indiana University School of Optometry, he mentored and tutored students from the classes of 2024, 2025, and 2026, guiding them through complex clinical concepts and supporting their academic growth. His volunteer efforts include participation in Special Olympics vision screenings, local wellness fairs, and community outreach initiatives.

Recognized for academic excellence, Dr. Milder has received numerous honors, including the Dean’s Academic Scholarship at Indiana University and Distinguished Scholar and Dean’s Awards at the University of Northern Iowa. He is also a member of Beta Sigma Kappa, Golden Key International Honour Society, and Phi Eta Sigma National Honor Society.

In his free time, Dr. Milder enjoys hiking, biking, and staying active, as well as traveling and exploring new destinations. He also appreciates relaxing with board games, video games, and films, and enjoys caring for his two cats and extensive fish collection.

Dr. Andrew Milder’s blend of clinical expertise, leadership, and community engagement reflects his unwavering commitment to enhancing eye health and improving quality of life for the patients he serves.

Learn more about Dr. Andrew Milder:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/andrew-milder> or through his profile on Modern Vision Centers, <https://www.mvcvision.com/dr-milder/>

America's Best in Medicine

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Source : Dr. Andrew Milder

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