

America's Best In Medicine: Victoria Elizabeth Wahlenmaier, DNP, APRN, FNP-C, FNP-BC, For Clinical Excellence & Care

Family Nurse Practitioner at Baylor Scott & White in Waxahachie, Texas, Delivering Patient-Centered Care Across Pain Management



Waxahachie, Texas Mar 11, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Victoria Elizabeth Wahlenmaier, DNP, APRN, FNP-C, FNP-BC, is a highly accomplished Family Nurse Practitioner delivering expert, patient-centered care in primary care, occupational health, and physical medicine and rehabilitation. Dr. Wahlenmaier currently practices at Baylor Scott & White Physical Medicine & Rehabilitation in Waxahachie, Texas,

where she provides comprehensive assessment, diagnosis, and treatment for patients managing acute and chronic pain. Her clinical expertise includes performing trigger point injections, joint injections, Botox injections for migraines, and intrathecal pain pump management.

Dr. Wahlenmaier earned her Doctor of Nursing Practice from Texas Christian University and her Master of Science in Nursing from Loma Linda University. She also holds a Bachelor of Science and an Associate of Science in Nursing from Southwestern Adventist University. Her academic achievements and professional certifications, including ANCC and AANP board certifications, Texas licensure with prescriptive authority, and DEA licensure, underscore her dedication to excellence in nursing practice.

Throughout her career, Dr. Wahlenmaier has held diverse clinical roles, including occupational health at NAS JRB Fort Worth and family medicine in both private and clinical settings. Her experience spans chronic and acute illness management, minor surgical procedures, preventive care, and complex patient management, demonstrating versatility and a commitment to high-quality, evidence-based care. In recognition of her clinical contributions, she was named Advanced Practice Provider of the Year in 2025 by Baylor Scott & White Medical Group.

“I enjoy providing pain improvement to patients and a better quality of life. In Jesus’ earthly ministry, He would heal physically first and then focus on spiritual ailments. I strive to be an extension of Jesus’ ministry by providing whole-person care. Sometimes the best medicine is a listening ear and allowing patients to feel heard,” says Dr. Wahlenmaier.

Beyond her clinical practice, Dr. Wahlenmaier is a current member of professional organizations, including Sigma Theta Tau International Nursing Society, Texas Nurse Practitioners, and the American Academy of Nurse Practitioners. She has also served as the Student Nurses’ Association President.

Dr. Victoria Elizabeth Wahlenmaier continues to advance the nursing profession by integrating clinical expertise, compassionate care, and leadership, improving patient outcomes, promoting wellness, and fostering mentorship across her community.

Learn more about Victoria Elizabeth Wahlenmaier:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/victoria-wahlenmaier>

America’s Best in Medicine

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