

# America's Best In Medicine: Tamitha Hickman Founder Of Divine By Design Health Guides Patients With Science, Faith

Transforming Lives Through Functional and Integrative Medicine in Wabash, Indiana



**Wabash, Indiana Mar 6, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Tamitha Hickman, MSN, APRN, FNP-C, FAARHM, AFMC, CCM, is a Certified Family Nurse Practitioner based in Wabash, Indiana, and the Owner and Founder of Divine by Design Health. Since earning her Master of Science in Primary Care Nursing from Indiana Wesleyan University in 2017, Tamitha has dedicated her career to helping individuals achieve vibrant health through a functional and integrative approach that blends nutrition, lifestyle modifications,

peptides, and bio-identical hormone therapy.

At Divine by Design Health, Tamitha embraces the functional medicine model—a patient-specific, science-based framework that focuses on identifying and addressing the root causes of disease. Rather than treating isolated symptoms, she partners with patients to examine the body as an interconnected system. Through comprehensive laboratory testing and personalized wellness plans, her team develops step-by-step strategies tailored to each individual’s unique biology and circumstances.

“We believe in an integrative approach to optimal functioning, looking at the body as a whole rather than just focusing on one area,” Tamitha shares. “We utilize comprehensive labs to find the root cause of symptoms and provide a personalized roadmap to healing. Our team supports and guides each patient every step of the way.”

Tamitha’s path into functional medicine is deeply personal. After contracting Lyme disease and experiencing exposure to biotoxins from mold and endotoxins in her family home, she became severely ill and bedridden. When conventional medicine offered limited solutions, she committed herself to uncovering answers. At the same time, she was determined to help her own children, who were managing autoimmune conditions, including asthma and Crohn’s disease.

Through extensive study and application of functional medicine, nutritional therapy, herbal medicine, and genomics, Tamitha successfully restored her own health and helped guide her sons’ autoimmune conditions into remission. This life-changing journey now fuels her mission to empower others facing complex and chronic health challenges.

Beyond her clinical work, Tamitha finds joy in cooking and experimenting with new recipes, gardening, traveling, and spending time with her six children, their spouses, and eight beloved grandchildren. Grounded in faith and gratitude, she considers her family the greatest blessing of all and remains committed to helping others reclaim their health—by design.

### **Learn more about Tamitha Hickman:**

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/tamitha-hickman> or through her profile on Divine by Design Health, <https://www.divinebydesignhealth.com/about>

### **America’s Best in Medicine**

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