

America's Best in Medicine Spotlights Lisa P. Hamil, PharmD: Founder Blends Faith and Wellness for Lasting Vitality

Bringing Holistic Health, Pharmaceutical Expertise, and Purpose-Driven Living to Santa Cruz and Beyond



Pharmacist and the Founder of Longevity Powered Health, based in Santa Cruz, California. She earned her Doctor of Pharmacy Degree from the University of California, San Francisco, and brings decades of experience in both pharmacy practice and pharmaceutical sales. Raised by parents who were pharmacists, Dr. Hamil developed an early appreciation for healthcare and science, laying the foundation for her lifelong commitment to wellness, education, and service.

Born in Sofia, Bulgaria, Dr. Hamil immigrated to the United States with her parents through a community church outreach program that supported refugees. Her cultural and spiritual roots are grounded in the Eastern Orthodox Church, and throughout her life she has explored a range of Christian traditions. These experiences, combined with her professional journey, shaped her understanding that lasting health extends beyond medicine alone and is deeply connected to faith, purpose, and spiritual life.

Through Longevity Powered Health, Dr. Hamil integrates her pharmaceutical expertise with principles of holistic wellness, longevity, and spiritual connection. She is a passionate advocate for fitness, whole-person health, and cultivating a moment-by-moment awareness of God's presence as central to a fulfilled life. Her mission is to guide individuals toward lives marked by meaning, vitality, and lasting well-being.

Dr. Hamil is also a published author, with titles including *7 Secrets to Mastering Stress* (2017), *Unstoppable Success: The Divine Journey to Healing the Body and Creating Your Joy*, and *It's ABOUT Time: The Divine Journey – Yesterday, Today, and Forever*. (2016)

With her unique blend of professional expertise, holistic wellness principles, and faith-driven guidance, Lisa P. Hamil continues to inspire and empower individuals in Santa Cruz and beyond to embrace health, purpose, and vitality. longevitypoweredhealth.com and creatingyourjoy.com.

Learn more about Lisa P. Hamil:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/lisa-hamil>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

Source : Lisa P. Hamil

[See on IssueWire](#)