

America's Best in Medicine Spotlights Dr. Marie Denise Kan, MD: A Champion of Patient-Centered Care

Committed to Preventive Healthcare in Redwood City, CA



Redwood City, California Mar 17, 2026 (IssueWire.com) - Dr. Marie Denise Kan, MD, a board-certified internal medicine physician, is redefining patient care in Redwood City with her holistic and patient-centered approach to healthcare. With a robust academic background and extensive clinical experience, Dr. Kan is dedicated to promoting preventive health and empowering patients to take charge of their wellness.

Dr. Kan graduated with a Doctor of Medicine from Wayne State University School of Medicine, following a Bachelor of Arts in Molecular and Cell Biology from the University of California, Berkeley. After completing her internship and residency in Internal Medicine at Mount Carmel Health System in Columbus, Ohio, she honed her skills in comprehensive adult medicine and developed a deep understanding of the intricate interplay between various health conditions.

In her practice, Dr. Kan focuses on a wide range of medical interests, including cardiovascular health, nutrition, integrative health, geriatrics, and women's health, with special attention to perimenopause and menopause care. She emphasizes the significance of early detection and personalized prevention strategies, enabling her patients to manage chronic conditions effectively and optimize their overall wellness.

Dr. Kan's approach is characterized by the creation of a warm and welcoming environment, fostering strong doctor-patient relationships built on trust and open communication. By empowering her patients to take an active role in their health journeys, she encourages them to make informed decisions and adopt healthier lifestyle choices.

Outside her clinical practice, Dr. Kan is an active member of the Northern California Peninsula community. She enjoys spending quality time with her family, exploring the region's beautiful outdoor spaces, and participating in activities that contribute to her overall well-being. Her personal interests include pilates, art, music, and travel, all of which reflect her holistic view of health that encompasses not only physical wellness but also personal fulfillment and connection.

Learn more about Denise Kan:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/mariedenise-kan>

America's Best in Medicine

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