

## America's Best In Medicine Profiles Jessica Phelps Delivering Patient-Centered Excellence In Family Care

Owatonna-Based Nurse Practitioner Combines Clinical Expertise, Leadership, and Compassion to Support Positive Health Outcomes



**Rochester, Minnesota Mar 31, 2026 ([Issuewire.com](https://www.issuewire.com))** - Owatonna, Minnesota — Jessica Phelps, APRN, CNP, DNP, is a highly dedicated healthcare professional whose clinical interests span family practice, medical-surgical nursing, and women's health. With specialized training in IUD and Nexplanon

insertion, Jessica is committed to patient advocacy, care coordination, and ensuring that every patient receives thoughtful, personalized care. Her background in medical-surgical nursing has provided a strong foundation for managing complex clinical needs, fostering positive health outcomes, and supporting long-term wellness.

“What I enjoy most about practicing medicine is the opportunity to care for and connect with my patients, developing long-term relationships, and helping them achieve better health and well-being,” says Jessica, reflecting her deep dedication to those she serves.

Jessica earned her Bachelor of Science in Nursing from Bethel University and went on to complete her Doctor of Nursing Practice in the Family Nurse Practitioner program at the University of Minnesota in May 2019. She brings over eight years of experience as a Registered Nurse on a medical-surgical unit at Mayo Clinic Rochester, followed by five years of service as a Family Nurse Practitioner at Mayo Clinic Health System–Owatonna, where she has developed strong clinical expertise and a deep commitment to patient-centered care.

Throughout her career, Jessica has demonstrated leadership and a passion for improving patient outcomes. She has served as unit chair, charge nurse, and preceptor/instructor in family medicine, actively contributing to multiple unit and department committees. Her dedication and excellence have been recognized with the Individual Achievement Award at Mayo Clinic, highlighting her ability to mentor colleagues while delivering high-quality care.

Jessica’s professional affiliations include membership in the American Association of Nurse Practitioners, the Minnesota Nurses Association, and the American Nurses Association, reflecting her ongoing commitment to professional development and excellence in nursing practice. Beyond her clinical practice, she has participated in study abroad programs and the Global Health Case Competition, reflecting her passion for public and global health and her commitment to understanding healthcare systems worldwide.

Through her leadership, expertise, and patient-centered approach, Jessica Phelps continues to make a meaningful impact on the health and well-being of the communities she serves, advancing both her profession and the lives of the patients under her care.

### **Learn more about Jessica Phelps:**

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/jessica-phelps> or through her profile on Mayo Clinic Health System, <https://www.mayoclinichealthsystem.org/providers/jessica-phelps-np>

### **America’s Best in Medicine**

America’s Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

## Media Contact

America's Best in Medicine

\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

Source : Jessica Phelps

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