

Americas Best In Medicine Profiles Dr. Christopher Jerome Carter Pioneering Holistic Psychoanalysis In New York US

Transforming Lives Through Integrative Psychoanalytic Practices for Individuals and Couples



Bronx, New York Mar 17, 2026 (Issuewire.com) - **Dr. Carter** is a nationally certified psychoanalyst (NAAP) who is licensed and maintains a private practice in New York State. He is a member of the International Association of Jungian Analysts (Zürich, Switzerland). Dr. Carter has decades of leadership experience in community health, mental healthcare, and spiritual care, bringing a deeply

integrative approach to the field of psychoanalysis.

In his private practice, Dr. Carter specializes in working with young adults, single adults, and couples, including individuals living with serious and persistent mental illnesses. Along with helping individuals establish a sense of meaning and purposeful living, Dr. Carter assists them in aligning with their own sense of vocation and purpose by cultivating a greater sense of wholeness—referred to in Jungian psychology as *individuation*.

Dr. Carter’s professional path reflects a rare blend of clinical expertise and systems-level leadership. Prior to establishing his private practice in 2021, he held senior leadership roles within major healthcare and social service organizations, including **Senior Program Director at Saint Joseph’s Medical Center/St. Vincent’s Hospital, Westchester Division**, and **Program Director at Urban Pathways**. In these roles, he oversaw large-scale supportive housing and mental health programs, ensured regulatory compliance, supervised multidisciplinary teams, and developed evidence-based initiatives serving chronically homeless individuals, veterans, and members of the general population living with serious mental illness.

His academic background is equally distinguished. Dr. Carter earned advanced degrees in **Psychiatry & Religion** through Columbia University and Union Theological Seminary. He later completed rigorous postdoctoral psychoanalytic training through the Jungian Psychoanalytic Association.

A published scholar and award-winning author, Dr. Carter critically examines analytical psychology, systemic racism, and the ethical responsibilities of the healthcare industry. An Honored Listee in *Marquis Who’s Who* (2024–2025), Dr. Carter continues to contribute to the field through clinical practice, writing, teaching, and advocacy, advancing more inclusive and socially conscious approaches to psychoanalysis and healthcare.

Dr. Carter asserts that “**ethnicity**” is a more accurate descriptor when referring to another person, and that the continued use of “**race**” as a referent reflects participation in the ongoing preconscious systematization of race theory (racism). He advocates for a national campaign to re-educate the general population on this issue.

His perspective is grounded in the work of the United Nations following the calamities of World War II. While acknowledging that the Human Genome Project effectively nullified the biological validity of race, Dr. Carter recognizes that the concept will continue to be used as a historical referent. He emphasizes that ongoing corrective measures and actions are necessary to address, offset, and deter racism and ethnic bias—factors that remain undeniably present in the Western hemisphere and beyond.

Learn more about Christopher Jerome Carter:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/providers/christopher-jerome>

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users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

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