

Americas Best In Medicine Nurse Practitioner Lixy Dieguez Brings Extensive Experience And Compassionate Patient Care

Delivering Clinical Expertise, Leadership, and Patient-Centered Care to Her Community



Okeechobee, Florida Mar 13, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Lixy Dieguez, APRN, FNP-C, a bilingual healthcare professional fluent in English and Spanish, is continuing to make a meaningful impact in patient care through her role as a Family Nurse Practitioner at Patel Pulmonary in Sebring, Florida. With

more than eight years of experience as a Registered Nurse across diverse clinical environments, Dieguez combines clinical expertise with a compassionate approach to treating complex medical conditions.

Dieguez graduated from Chamberlain University in March 2025 and quickly transitioned into advanced practice as a Family Nurse Practitioner. In her current role at Patel Pulmonary, she evaluates and treats approximately 12–14 patients daily, many of whom present with complex and chronic conditions such as chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF), diabetes, and hypertension. Her responsibilities include diagnosing and managing acute and chronic illnesses, prescribing and titrating medications safely, interpreting diagnostic imaging and laboratory results, and educating patients about disease prevention and long-term health management.

Prior to becoming a Nurse Practitioner, Dieguez spent several years working as a Registered Nurse in high-acuity environments, including Progressive Care Units (PCU), medical-surgical units, home health, and hospice care. She served at respected healthcare facilities such as Raulerson Hospital, Martin Health, AdventHealth, and Highlands Regional Hospital. During her tenure at AdventHealth, she also served as a charge nurse, supervising nursing staff, coordinating care for nearly 40 patients, and leading team briefings to ensure optimal patient outcomes.

Her clinical career began after earlier professional roles in the pharmacy and retail healthcare sector, where she worked with CVS Health in positions ranging from Pharmacy Technician to Store Manager. These roles helped develop her leadership, operational management, and patient service skills that continue to influence her approach to healthcare today.

Known for her positive attitude, strong teamwork skills, and dedication to continuous learning, Dieguez remains passionate about advancing her nursing career and expanding her knowledge to deliver more comprehensive patient care.

“I truly love my nursing career,” said Dieguez. “My experience as a nurse, along with resilience and determination, motivates me to keep learning, improving my skills, and providing the best possible care for every patient I serve.”

Dieguez is open to relocation and new professional opportunities where she can further expand her expertise and continue contributing to high-quality, patient-centered healthcare.

Learn more about Lixy Dieguez:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/providers/lixy-dieguez>

America’s Best in Medicine

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