

# America's Best In Medicine: Lora Cunningham, MSN, BSN, BA, RN, PMH-BC – Leader In Trauma-Informed Care & Resilience

**Nurse Manager & Employee Whole Health Coordinator at Veterans Administration of Central Ohio; National Clinical Education Champion promoting staff resilience, psychological safety, and patient-centered care**

**Akron, Ohio Mar 11, 2026 ([IssueWire.com](https://www.issuewire.com))** - Lora Cunningham, MSN, BSN, BA, RN, PMH-BC, is a respected healthcare leader with more than two decades of experience advancing nursing leadership, employee wellbeing, and patient-centered care across complex healthcare systems. Currently serves as Nurse Manager and Employee Whole Health Coordinator at the Veterans Health Administration in Central Ohio, as well as a National Clinical Education Champion for the Office of Patient Centered Care and Cultural Transformation. Lora provides clinical and administrative oversight for Whole Health Nursing Staff, Health and Wellbeing Coaches, Supervised Exercise Program, Medical Massage Therapy and Recreation Therapy while leading innovative programs designed to strengthen both workforce resilience and patient outcomes.

Recognized nationally for her expertise in Trauma-Informed Care and Second Victim Support programs, Lora has successfully developed and implemented initiatives that support healthcare professionals following stressful clinical events. Several of these programs have received grant funding and have been implemented across multiple U.S. Department of Veterans Affairs sites, reflecting her impact on improving psychological safety and strengthening support systems for healthcare teams. As a Certified PROSCI Change Practitioner, she has also led transformational initiatives that guide organizations through complex change while prioritizing staff wellbeing and quality patient care.

Throughout her distinguished career, Lora has held influential leadership roles in both inpatient and outpatient psychiatric settings, neuro-critical care, public health, and general medicine.. Her professional experience includes positions at Western Psychiatric Institute and Clinic, The Ohio State University, Riverside Methodist Hospital, and Cambridge Cancer Center. In these roles, she has played a key role in implementing evidence-based clinical practices, recovery-oriented care models, and Dialectical Behavioral Therapy programming designed to improve patient outcomes and promote holistic mental health care. Lora is trained in the complementary and integrative modalities of clinical guided imagery, aromatherapy, and mindfulness.

Lora has also championed initiatives in shared governance, staff competency development, and accreditation readiness. Her leadership has consistently contributed to improved clinical outcomes, enhanced staff engagement, and strong patient satisfaction while maintaining regulatory compliance and organizational excellence.

In addition to her operational leadership, Lora has contributed to professional scholarship in the field of nursing. She co-authored a peer-reviewed article on advancing Trauma-Informed Care published in the Journal for Nurse Practitioners, further supporting the integration of compassionate, evidence-based practices in healthcare settings nationwide.

Lora's academic background reflects her multidisciplinary approach to leadership and healthcare transformation. She earned her Master of Science in Nursing from Wheeling Jesuit University, a Bachelor of Science in Nursing from Capital University, and a Bachelor of Arts in Human Resources Management and Organizational Leadership Development from Wheeling University. She is board-certified in Psychiatric-Mental Health Nursing and has completed extensive leadership and professional

development training, including initiatives related to Holistic Nursing oversight, Magnet Designation projects, and Pathways to Excellence programs.

With a career defined by innovation, compassion, and leadership, Lora Cunningham continues to transform healthcare environments by prioritizing the well-being of both patients and the professionals who care for them. Her work stands as a powerful example of how thoughtful leadership and evidence-based programs can strengthen healthcare systems while fostering healthier, more resilient teams.

### **Learn more about Lora Cunningham:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/lora-cunningham>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

### **Media Contact**

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\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

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