

America's Best in Medicine: Jillian Volnek A Leader in Metabolic Care and Patient-Centered Healthcare in Lincoln, NE

Heartland Surgical Physician Assistant Combines Expertise in Endocrinology and Family Medicine to Enhance Patient Outcomes



Lincoln, Nebraska Mar 11, 2026 ([Issuewire.com](https://www.issuewire.com)) - Jillian Volnek, a prominent Physician Assistant specializing in metabolic care, is making significant strides in the healthcare community at Heartland

Surgical in Lincoln, Nebraska. With extensive experience in endocrinology and family medicine, Jillian is dedicated to optimizing metabolic health and managing complex medical conditions for her patients.

Jillian's passion for patient care is evident in her commitment to evidence-based practices that prioritize the needs and preferences of each individual. Her approach not only enhances patient satisfaction but also fosters a trusting relationship with those she serves.

Before joining Heartland Surgical, Jillian cultivated her skills across a variety of medical environments. Her experience spans multiple roles, including positions at NE Endocrinology Specialists, Nebraska House Call Physicians, and the United States Naval Hospital in Naples, Italy. These opportunities allowed her to work with diverse patient populations and address a wide range of acute and chronic medical issues, further enriching her clinical expertise. Her time in the Navy further honed her unique ability to deliver compassionate care even in high-pressure situations, an invaluable skill that she brings to her practice today.

Jillian earned her Master of Science in Physician Assistant Studies from Springfield College and is a Certified Diabetes Educator (CDE). This advanced training underscores her dedication to continuous professional development and her specialized knowledge in metabolic health. Her diverse skill set encompasses family medicine, internal medicine, and endocrinology, allowing her to provide holistic and tailored care to her patients.

Outside of her professional responsibilities, Jillian actively engages with her community, promoting healthy lifestyles through patient education and mentorship. She believes in the power of informed patients and strives to empower them to take charge of their health.

Jillian Volnek is not just a healthcare provider; she is a beacon of hope and support for her patients, exemplifying the best of what patient-centered care can achieve.

Learn more about Jillian Volnek:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/jillian-volnek>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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