

America's Best In Medicine Honors Lacy J. Campbell, ND, For Compassionate, Evidence-Based Women's Integrative Health

First-Year Naturopathic Resident at A Woman's Time, P.C. in Portland Focuses on Preventive Medicine, IV Therapy, and Empowering Women Through Personalized Care



Portland, Oregon Mar 11, 2026 ([IssueWire.com](https://www.issuewire.com)) - Lacy J. Campbell, ND, is a first-year Naturopathic Resident at A Woman's Time, P.C. in Portland, Oregon. With a compassionate, evidence-based approach to integrative primary care, she is dedicated to empowering women to feel confident and supported in their health journeys.

Dr. Campbell earned her Doctor of Naturopathic Medicine Degree from the esteemed National University of Natural Medicine (NUNM), where she honed her skills in holistic, patient-centered care. Her clinical interests span integrative women's health, preventive medicine, and IV therapy, and she is passionate about offering personalized, science-backed solutions that cater to patients at every stage of life. "Healing begins with listening," Dr. Campbell states, emphasizing her commitment to creating a safe, affirming environment where patients feel truly seen, heard, and cared for.

"What I enjoy most about practicing naturopathic medicine is helping patients navigate their health using evidence-based approaches, including nutraceuticals and supplements," says Dr. Campbell. "I love being able to guide individuals toward achieving balance and wellness while addressing their unique needs and goals." Her holistic philosophy integrates both science and compassion, ensuring that each patient receives tailored care that resonates with their individual experiences.

Dr. Campbell's dedication to advancing integrative medicine is evident through her active involvement in professional organizations. She serves on the board of the Naturopathic Academy of Primary Care Providers (NAPCP) and is a proud member of the American Association of Naturopathic Physicians (AANP), The Menopause Society, and the Institute of Women's Health. These roles not only highlight her commitment to comprehensive women's health care but also reflect her leadership in the field of naturopathic medicine.

Outside of her clinical responsibilities, Dr. Campbell cherishes her time with family, enjoys trail running in Oregon's breathtaking landscapes, and expresses her creativity through playing the bagpipes. These personal passions not only help her maintain balance but also inspire her professional practice, allowing her to approach patient care with renewed energy and empathy.

Learn more about Lacy J. Campbell:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/lacy-campbell>, her website, [Lacy Campbell ND –](#), or through her profile on A Woman's Time, P.C., <https://awomanstime.com/dr-lacy-campbell/>

America's Best in Medicine

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