

## America's Best in Medicine Features Joseph Garbely, DO: Advancing Patient-Centered Care in Addiction Medicine

Combining Clinical Excellence, Education, and Compassion to Transform Behavioral Health Treatment



**Philadelphia, Pennsylvania Mar 31, 2026 ([Issuewire.com](https://www.issuewire.com))** - Joseph Garbely, DO, DFASAM, FAPA, is a highly respected physician and leader in addiction medicine, psychiatry, and internal medicine, bringing nearly three decades of clinical experience to the forefront of behavioral healthcare. As Medical Director of Malvern Health's Ford Road facility, Dr. Garbely oversees medical operations and leads a multidisciplinary team committed to delivering personalized, patient-centered care for individuals facing substance use and co-occurring mental health disorders. His approach emphasizes evidence-based treatment and collaborative care planning to improve long-term outcomes across the behavioral health

continuum.

“What I enjoy most about practicing medicine is the opportunity to connect with my patients in a unique and meaningful way,” said Dr. Garbely. “Building trust and understanding allows me to provide personalized care that addresses not just their medical needs, but also their emotional and mental well-being.”

Dr. Garbely earned his Doctor of Osteopathic Medicine Degree from the Philadelphia College of Osteopathic Medicine. He completed his residency in internal medicine at Abington Memorial Hospital, followed by a residency in psychiatry at Temple University Hospital. His extensive training is reflected in his triple board certification in internal medicine, psychiatry, and addiction medicine, underscoring a comprehensive and deeply integrated approach to patient care.

Prior to joining Malvern Health, Dr. Garbely held several prominent leadership roles at Caron Treatment Centers in Pennsylvania, including Chief Medical Officer, Executive Vice President of Medical Services, and Director of the Addiction Medicine Fellowship Program. He also served as Chief Medical Officer for Haven Behavioral Health and its Outpatient Center in West Chester, where he played a key role in advancing clinical quality and expanding access to care.

In addition to his clinical leadership, Dr. Garbely is deeply committed to academic medicine and physician education. He serves as a Clinical Associate Professor at Penn State College of Medicine and an Adjunct Clinical Professor at Drexel University College of Medicine. His dedication to teaching has earned him numerous accolades, including the American Psychiatric Association’s Helen Ruske, M.D. Award for Excellence in Medical Student Teaching and the Tower Health Outstanding Psychiatry Residency Recognition Award.

A recognized leader within the field, Dr. Garbely is a Distinguished Fellow of the American Society of Addiction Medicine (DFASAM), where he chairs the Physician in Training Committee and serves as an ex-officio board member. He is also a member of the American College of Academic Addiction Medicine and a Fellow of the American Psychiatric Association (FAPA), reflecting his ongoing commitment to advancing standards of care and professional development within the specialty.

Outside of his professional endeavors, Dr. Garbely is a former rugby player with more than 20 years of experience in the sport—an experience that reflects the teamwork, discipline, and resilience he brings to his medical practice.

Throughout his career, Dr. Garbely has remained dedicated to advancing the field of addiction medicine through clinical excellence, education, and mentorship. His leadership at Malvern Health supports the organization’s mission to expand access to high-quality psychiatric and addiction treatment throughout Southeastern Pennsylvania, ensuring that patients receive compassionate, comprehensive care tailored to their unique needs.

### **Learn more about Dr. Joseph Garbely:**

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/joseph-garbely>, or through his profile on Malvern Treatment Centers, <https://www.malverntreatment.com/staff/joseph-garbely-do/>

### **America’s Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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