

America's Best in Medicine Acknowledges Maribel Galindo: Championing Youth Mental Health at Encompass Community Services

Dedicated Clinician Empowers Families Through Compassionate, Evidence-Based Care in Watsonville



Watsonville, California Mar 18, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Encompass Community Services proudly highlights the exceptional work of Maribel Galindo, a dedicated Mental Health Clinician in the Youth

Services Program. With her compassionate, evidence-based approach, Maribel is making significant strides in supporting the mental health needs of youth and families in Watsonville, California.

Maribel Galindo brings a wealth of experience and a strong academic background to her role. She holds a Bachelor of Science in Child Development from Kaplan University and a Master of Arts in Marriage and Family Therapy and Professional Clinical Counseling from Pacific Oaks College. Notably, Maribel completed an intensive internship with the Encompass Families Together Services Program during her graduate studies, where she honed her skills in therapeutic interventions, crisis support, and youth advocacy.

In her practice, Maribel focuses on addressing complex behavioral, emotional, and developmental challenges faced by her clients. She is particularly passionate about creating safe and affirming spaces where individuals feel heard, understood, and empowered to achieve meaningful growth. “What I enjoy most about practicing mental health care is the ability to see beyond behaviors and recognize the whole person—their struggles, their potential, and their resilience,” Maribel states. “It is incredibly rewarding to guide them toward realizing their potential and to witness their growth firsthand.”

Before joining Encompass Community Services, Maribel served in various roles that deepened her commitment to community service and mental health advocacy. Her experiences as a preschool teacher, director, and early intervention specialist allowed her to address the developmental, educational, and emotional needs of children and families effectively. As a Quality Enrichment Coach at Head Start programs, she was instrumental in enhancing the quality of early childhood education, ensuring that children received the support necessary for their holistic development.

Maribel’s work emphasizes the importance of youth mental health, suicide prevention, and trauma-informed care. She is dedicated to ensuring that her practice meets the diverse needs of the populations she serves. By actively participating in professional development and community initiatives, Maribel aims to expand her impact in the field of mental health. Her commitment to promoting resilience, emotional well-being, and access to quality mental health care is evident in all her endeavors.

Looking ahead, Maribel Galindo remains focused on empowering families and fostering long-term positive outcomes in her community. Her clinical expertise, combined with her unwavering advocacy for mental health, positions her as a key player in the ongoing efforts to support youth and families in Watsonville.

Learn more about Maribel Galindo Mancera:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/maribel-mancera>

America’s Best in Medicine

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