

## Abigail Grace Prushansky: Recognized By America's Best In Medicine As A Compassionate Leader In Women's Health

Empowering Women and Families Through Holistic Practices and Personal Experiences



**Torrance, California Mar 3, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Full Circle Premium Health proudly reaffirms the presence of Abigail Grace Prushansky, DNP, APRN, FNP-BC, CNM, CLC, CLE, a devoted Women's Health and Family Nurse Practitioner. With expertise in holistic care tailored to women and children, Abigail is not only a provider but also a passionate advocate for maternal-child wellness, reproductive health, pregnancy, and postpartum support. Her commitment to compassionate care is underpinned by personal experiences and a deep-seated understanding of the challenges faced by mothers.

Abigail's empathetic approach is shaped by her own journey as a mother who has experienced infant

loss. This profound experience allows her to connect with women navigating the often tumultuous waters of pregnancy and reproductive challenges. “I understand the emotional, social, and psychological needs of women during these critical times,” Abigail states. “My aim is to create safe spaces where they feel empowered to participate actively in their health journeys.”

As the founder and director of Full Circle Premium Health, Abigail delivers a wide array of comprehensive women’s health services. These include well-woman exams, hormone therapy, contraception, and hospital-supported deliveries in partnership with esteemed institutions such as Cedars-Sinai Medical Center and Los Robles Medical Center. Abigail’s commitment to evidence-based care ensures that her patients receive the highest quality of medical support while feeling respected and understood.

Abigail’s professional background is extensive and diverse. She previously worked at Balanced Births Inc., where she honed her skills in pregnancy and postpartum care. Additionally, her role as a clinical and didactic educator at Smith Chason School of Nursing allowed her to shape the next generation of nursing professionals, focusing on critical aspects of maternal and newborn health.

Her experience also includes crucial work at the UCLA Rape Treatment Center, where she provided triage and management services for victims of sexual assault. As the founder of the BMILK Lactation Health & Wellness Center, Abigail has dedicated her efforts to supporting underserved women through pre-, peri-, and postnatal education and lactation support. Her extensive nursing roles in critical care and surgical settings across the United States further emphasize her commitment to patient-centered care.

Abigail has a robust educational background that includes a Doctor of Nursing Practice (DNP) from Frontier Nursing University and multiple advanced degrees in nursing. She is certified as a Family Nurse Practitioner, Certified Nurse-Midwife, Certified Lactation Counselor, and Certified Lactation Educator, among other credentials. Her commitment to continuing education is evident in her completion of specialized training in fetal monitoring, first assisting, and aesthetic procedures such as Botox and dermal fillers.

Abigail is a proud member of several professional organizations, including the American Association of Nurse Practitioners (AANP) and the Association of Women’s Health, Obstetric, and Neonatal Nurses (AWHONN). Additionally, she has been recognized as a member of the Sigma Theta Tau Nursing Honor Society for her contributions to the nursing profession.

In her spare time, Abigail is actively involved in philanthropic initiatives, focusing on programs designed to support women experiencing reproductive loss. Her dedication to community service is exemplified by her role as the founder and director of the BMILK Lactation Health & Wellness Center, where she continues to advocate for marginalized populations.

Abigail’s contributions to women’s health are not limited to her clinical practice; she is also a thought leader and contributor to health publications, including an article on urinary incontinence in *Villie* magazine. “I enjoy educating and preparing my patients so they can make informed choices about their health,” Abigail reflects, reiterating her commitment to empowering women through knowledge and care.

### **Learn more about Abigail Prushansky:**

Through her America’s Best in Medicine

profile, <https://americasbestinmedicine.com/connect/abigail-prushansky>

## **America's Best in Medicine**

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