

Transforming Senior Care: Kimberly Diaz, RN, Recognized By America's Best In Medicine, Launches Innovative Services

Providing Personalized, Compassionate Care Solutions through Care Matters LLC and Caring Minds Dementia Consulting and Training



Westminster, Colorado Feb 24, 2026 ([IssueWire.com](https://www.IssueWire.com)) - In a world where senior care often feels overwhelming and impersonal, Kimberly Diaz, RN, is breaking the mold with her innovative approach to personalized care solutions. As the founder of Care Matters LLC, Care Matters Registry, LLC, and Caring Minds Dementia Consulting and Training, Kimberly is on a mission to enhance the quality of life

for seniors and provide unwavering support for their families. With over 26 years of nursing experience, her expertise in dementia care, aging transitions, and end-of-life support has positioned her as a leader in the field.

At the heart of Kimberly's work is a commitment to dignity, compassion, and individualized care. She understands that every family's journey is unique, especially during life's most challenging transitions. Through Care Matters Registry, LLC, Kimberly connects families with qualified independent contractors who deliver personalized and affordable care tailored to each family's specific needs. Whether it's a caregiver for daily assistance or someone to provide companionship, Care Matters Registry ensures families find the right support.

In addition to this, Care Matters LLC offers a comprehensive range of services, including advocacy, care navigation, relocation and placement support, private duty nursing, and end-of-life guidance. "We are here to provide coordinated support for families navigating some of life's most significant challenges," says Kimberly. "Our goal is to empower families to make informed decisions and feel confident in the care they provide to their loved ones."

Kimberly is an author and speaker specializing in the subjects of dementia, end-of-life planning, and supporting the "sandwich" generation—those caring for both aging parents and their own children. Through her writing, speaking engagements, and advocacy, she offers practical guidance and compassionate insight for families navigating complex caregiving journeys. Kimberly also hosts the podcast *Unraveled and Rising*, where she shares powerful conversations, personal stories, and expert perspectives to help listeners move from overwhelm to resilience.

Recognizing the complexities of dementia care, Kimberly established Caring Minds Dementia Consulting and Training to offer expert education, consultation, and training. Her trauma-informed approach is designed to support adult children caring for aging parents, addressing the emotional complexities and unresolved challenges that often accompany this journey. "I empower caregivers with clarity, confidence, and practical tools," she explains. "We focus on navigating dementia and aging with compassion and understanding."

Kimberly Diaz's passion for nursing is rooted in the human connection she cultivates with her clients. "It's about sitting with someone in one of the most vulnerable seasons of their life and helping them feel seen, heard, and safe," she shares. "In dementia care especially, medicine isn't just about treatment — it's about presence. It's about honoring someone's story and guiding families through the uncertainty."

Her commitment to excellence in senior care is reflected in her extensive education and credentials. Kimberly holds a Registered Nursing degree from the College of DuPage and has obtained several certifications, including Certified Placement Specialist, Certified Dementia Instructor/Trainer, Certified Dementia Practitioner, and Certified Health and Wellness Coach. Additionally, she is a Trauma Trained Consultant, ensuring her approach is informed and sensitive to the needs of those she serves.

Kimberly is also actively involved in professional associations and society memberships, including the National Council of Certified Dementia Practitioners (NCCDP) and the National Placement and Referral Alliance (NPRA). Her dedication to the field is further exemplified by her role on the Board of Directors for The Senior Hub, where she advocates for improved senior care services.

Beyond her professional endeavors, Kimberly Diaz is committed to giving back to her community through various philanthropic initiatives. She volunteers with the Alzheimer's Association, supports end-of-life options, and is involved with Compassion and Choices, advocating for patient rights and dignity.

“Every family deserves support on their own terms,” Kimberly emphasizes. “I am dedicated to raising the bar in senior care by advocating for respect, dignity, and customized solutions that enhance quality of life for seniors while empowering those who care for them.”

As she continues to expand her impact through Care Matters LLC and Caring Minds Dementia Consulting and Training, Kimberly remains focused on her mission: to transform the landscape of senior care and ensure that every family receives the compassionate, personalized support they need.

Learn more about Kimberly Diaz:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/kimberly-diaz>

America’s Best in Medicine

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